Lincoln Land Community College

OCTOBER 2022

SM

MAGAZINE

Boatloads of fun to start fall semester



## The mission of Lincoln Land **Community College is to** transform lives and strengthen our communities through learning.

## 

**3-6** Latest@LLCC See what's "in the news" at the college.

7-8 Continuing, Corporate and Professional **Education** Meeting the diverse needs of the community

9-10 Phi Theta Kappa **Honor Society Five Star Chapter** 



11-12 Birds, bees and berry bushes Outdoor living labs

FORWARD MAGAZINE

13-14 LLCC expands eight-week classes Flexible. Focus. Finish.

> 15-16 Care for people Make a difference in a health care career



17-18 Advance vour career in childcare Free classes available

Photographers: Dr. Chris McDonald, Greg Walbert, Misty Hagstrom, Caitlin Perry, Terry Farmer.





19-20 It's about community **Partnerships** 



**22** Student spotlights Giles Harris-Patel and Addison Scarlette

**24** Alum spotlight

Greg Marantz

**23** Staff spotlight Mack Alexander









## **Message from** the President

## The beautiful campus of Lincoln Land Community College is literally buzzing.

The new West Lake Nature Grove is the newest of our outdoor living labs where faculty and students are happy to take their classes outside. The Grove's active apiary with multiple beehives recently hosted a bountiful "honey harvest" (pages 11-12). We are grateful for the gift of this land from local businessman Dean "Robbie" Robert as we continue to develop it into a living lab for agriculture and science students.

We are excited to see so many more students back in our classrooms this fall and to offer them support and assistance as they pursue a transfer degree or career path. We are the recipient of the state's new PATH (Pipeline for the Advancement of the Healthcare Workforce) grant which seeks to remove financial barriers to community college students pursuing a career in health care (pages 15-16). Also, individuals working in childcare, now or in the past, qualify for free classes to advance their careers through a new state scholarship (17-18). The need is great in both of these career fields, and LLCC continues to be the best place for these professionals to learn their skills.

Community is our middle name, and our partnerships continue to expand. We established a new division — Continuing, Corporate and Professional Education — that meets the diverse needs of local individuals and businesses (pages 7-8). Our construction and HVACR programs are also collaborating closely with local businesses to train their future employees while providing the best career opportunities for our students (pages 19-20).

We are pleased to spotlight in this edition some of the outstanding individuals in our college family: Professor Tameka Johnson-Tillman, who led the way in developing an innovative model for English composition classes; student leaders Giles Harris-Patel, who represents students on the Board of Trustees, and Addison Scarlette, an exceptional student-athlete; staff member Mack Alexander, whose encouragement to all embodies the spirit of LLCC; and alum Greg Marantz, who proudly displays his Loggers helmet on his desk at Bank of Springfield where he is a senior vice president. As you can see on the front cover, we like to have fun at LLCC. From 15-month-olds in our child development center to members of our Academy of Lifelong Learning, we invite all to experience

COLLEGE SUCCESS.

Charett J. Warne

Charlotte Warren, Ph.D. President, Lincoln Land Community College

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On the cover: Alexis Rogers and Amanda Wiesenhofer from the LLCC Library captained the winning vessel "RV Swan Linc" to win LLCC's first Cardboard Boat Regatta Sept. 2. Read more on page 3.

Construction **21** Faculty spotlight Tameka Johnson-







Jeff Fulgenzi Sherman District 5



Mark Holaway Jacksonville District 6



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Giles Harris-Pate Springfield Student Trustee

# Latest(*a*)LLCC



## What's happening at your community college



#### **Professor teaches** comparison of modern song lyrics to classic poetry

Dr. David Leitner, professor of English, used his sabbatical leave to create an open access textbook now being used in his Introduction to Poetry class, focusing on song lyrics. "The average person in the world listens to music 18.4 hours per week, and song lyrics are the most widely disseminated poetry in the history of the world," said Leitner. Each chapter has a pairing of a classic poem with more modern song lyrics that illustrate a certain topic. For instance, students compare the classic poem "Beowulf" to lyrics from "Renegade" by rapper Jay-Z in terms of tone, rhyme, rhythm and figurative language.

## **Student-led Bistro Verde expands** operations

Bistro Verde, LLCC's student-led café, expanded its fall operations and is open Tuesdays, Wednesdays and Thursdays from 11 a.m. to 1 p.m. through Nov. 17. Enjoy delicious dishes envisioned and prepared by culinary students, with a weekly student chef special. The menu and more information are available at www.llcc.edu/bistro-verde.









LLCC's first Cardboard Boat Regatta started the fall semester off with a display of creativity, teamwork and school spirit enjoyed by students, faculty, staff and alumni. Boats from 10 teams raced across Lake Macoupin on the LLCC campus. All proceeds were donated to the Ronald McDonald House Charities of Central Illinois.

**Anchors away!** 

#### New transfer agreements signed

LLCC President Charlotte Warren and UIS Chancellor Janet Gooch signed an agreement granting LLCC graduates guaranteed admission to UIS with junior status. UIS students can also "reverse transfer" to LLCC to earn an associate degree. "This agreement is representative of our shared commitment to student success and to supporting students throughout their academic journey," said Dr. Warren. Similar agreements were signed during the past year with Southern Illinois University Carbondale (far right) and Edwardsville, Eastern Illinois University and Illinois Wesleyan University.



#### New apprenticeship program with Memorial Health

LLCC partnered with Memorial Health to offer a one-year, Department of Labor approved, paid apprenticeship program to train sterile processing technicians. The apprentices receive on-the-job, paid training at Memorial Health, with a job targeted upon successful completion of the program.







#### **Businesses donate heavy equipment** to new diesel technologies program

Three area businesses have donated large equipment to LLCC's diesel technologies program, set to launch in fall 2023. JX Truck Center of Bloomington delivered a Cummins engine as a hands-on teaching tool, Rush Truck Centers donated a GMC 5500 medium duty truck and CIT Trucks provided a diesel engine and three chassis.

#### Adult education student and volunteer honored

An adult learner and volunteer tutor from LLCC's Adult Education and Literacy program were recognized with Illinois Secretary of State Spotlight on Literacy Awards. Pulcherie Kongoue Koffi (left) and Heidi Wareham (right) were among 20 individuals from across the state honored for their outstanding dedication and efforts.

## College hosts future students

LLCC showed area youth possibilities for their future college success, hosting students from the Outlet and Douglas Prep in the NextLevel program along with the Career Launch program (right), a collaboration with the Boys and Girls Club.





### Partnership with BUNN provides free training and guaranteed jobs

LLCC partnered with BUNN to provide free training for individuals interested in becoming BUNN service technicians. Students in the 10-week program (left) were paid to work 20 hours per week at BUNN, with fulltime jobs available upon successful completion.

### Student commencement speaker inspires; finds college success

An inspiring, memorable commencement speech by 2022 graduate Nicole Pedigo and subsequent social media about her message drew the attention of many, including Lt. Gov. Juliana Stratton. Pedigo was offered a position at Springfield School District 186 shortly after graduation and is now employed as the family and community engagement (FACE) liaison for Washington Middle School.





## Senior group partners with art and workforce students to beautify campus

LLCC's Academy of Lifelong Learning (ALL) sponsored an interdisciplinary "Tree of Life" sculpture contest, in which art students were challenged to develop sculpture models on this theme. The artworks were judged by ALL members and the winning entry (right), "Untitled" by Peyton Cox, will be fabricated by welding students with the sculpture pedestal made by construction students. The final sculpture will be placed in an outdoor space on the LLCC campus.





## National Hispanic Heritage Month kickoff

LLCC kicked off National Hispanic Heritage Month by providing samples of popular Latin dishes from local restaurants. Other events in the observance included a library guide showcasing Hispanic and Latinx authors, meal kits for students with Latin recipes, a Loteria (lottery) activity featuring the traditional game of chance, and a closing Fiesta with music and activities.



#### Welcome new college leaders!

LLCC welcomed a new vice president and two new deans. Kelli Sinclair joined LLCC as vice president of student services, bringing more than 20 years of leadership experience in student affairs and enrollment management, most recently as executive dean for student success and retention at Waubonsee Community College. Also new at LLCC are Dr. Kalith Smith, dean of social sciences and business, and Brent Todd, dean of natural and agricultural sciences. Dr. Smith previously worked at the New Mexico Military Institute as associate dean of student success. Todd most recently served as dean of instruction at Lincoln Trail College.





## Aviation hosts historic plane

LLCC's aviation program, located at Abraham Lincoln Capital Airport (left), hosted a B-25 World War II aircraft (right), brought to the facility by the Experimental Aircraft Association.



## CONTINUING, CORPORATE AND PROFESSIONAL EDUCATION Meeting the diverse needs of the community

## For the learner who wants to:

- earn high school equivalency,
- develop English language abilities,
- improve skills to excel in their career,
- train for a new industry,
- earn CEUs/CPDUs or
- try out a new hobby

### For the organization that wants to:

- upskill their staff,
- increase employee engagement or
- team-build in a dynamic environment

LLCC offers a variety of educational opportunities to meet you where you are.

"Whether you're looking for personal enrichment, professional development or customized training, LLCC has options designed for you," says Laurel Bretz (right), assistant vice president of continuing, corporate and professional education.

## Ready, set, go(al)!

Too often we set our sights on something we want to achieve and are unable to follow through for one reason or another. Maybe it's difficult getting motivated or finding the time. With a wide range of support services and flexible options, LLCC can help you achieve your personal and professional goals.

For adults whose goals are to become college and career ready, LLCC offers GED preparation, basic skills, English language skills, adult career pathways and literacy. Adult education programming is free, and courses are offered year-round throughout the LLCC district.

"Earning a high school diploma opens the door to greater opportunities and puts you on a path to success," says Jamil Steele, director of LLCC Adult Education and Literacy. "We can help students bridge into other LLCC programs, such as health care, information technology, auto technology, truck driving and culinary/hospitality."



The college also provides continuing education opportunities for licensed professionals to meet their contact hour needs, including continuing education units (CEUs) for nurses and continuing professional development units (CPDUs) for teachers.

"Continuing education workshops taught by LLCC professors and other industry experts are offered online and in person," says Bretz. "Recent teacher workshops covered honeybees, apps and games for the classroom, and coding."

If you're looking to earn a marketable set of skills within a short timeframe and enter the in-demand medical field, consider LLCC's phlebotomy, medical assistant and dental assistant programs. These include hands-on training in health care settings ensuring students have the experience they need to be successful.

## Take skills to the next level

If you're wanting to advance in your career or are considering a new field, professional development classes are a quick way to develop in demand skills. You can pick up a class or two as needed to stay on top of new technology and trends.

"These professional development classes are shorter than a traditional college class with most lasting a couple of days to a few weeks," says Bretz. "We also have a library of online classes in partnership with Ed2Go that learners can complete from home or work."

For those interested in information technology, the Google IT Support Certificate is a quick path to land an entry-level role in IT support.

"The certificate includes five courses designed to prepare students to take the CompTIA A+ exam," says Bretz.

## Recruit, train and retain

Local businesses looking to invest in their staff can work with LLCC to build customized training programs with real-world applications. The college can conduct an assessment and create programs based on those unique needs.

"If a business doesn't have the bandwidth or instructor resources to devote to a cohort of new hires, LLCC can develop a customized training program to help onboard employees," says

## **EXCEL CLASSES**

Brush up on your Excel skills this fall!

- Nov. 15 Excel 2019/365 Level 1
- Nov. 17 Excel 2019/365 Level 2

8:30 a.m. to 4 p.m. at LLCC-Medical District, 130 W. Mason St. Each class is \$149 per person. To register, email llccmedicaldistrict@llcc.edu or call 217-524-6749.



Bretz. "Training can be held at one of the college's facilities or at your business."

LLCC also offers occupational safety training including OSHA 10, forklift certification, CPR and aerial/ scissor lift certification. Individuals can register on their own, or employers can contact LLCC to send a group of employees.

For those looking to boost morale, foster team communication and build camaraderie, team-building experiences get you out of the office and into LLCC's kitchens. "We provide the chef, food and do the cleanup," says Bretz. "It's a fun way to improve teamwork and creativity." LLCC can customize training for businesses based on their specific needs. Topics include leadership, soft skills, Microsoft Office, occupational safety, business writing, AutoCAD, QuickBooks, unmanned aerial systems and more.

For more information about training opportunities, contact Laurel.Bretz@llcc.edu.

Lifelong learning isn't limited to professional growth. Want to learn how to crochet or develop your photography skills? How about cook a food you've never prepared before in a state-of-the-art kitchen? Fun and engaging experiences are offered through LLCC Community Education (see pages 27-30).

## New course offerings

## **Certified Crop Advisor Exam Prep Course**

#### Online: Jan. 9-Mar. 16, 2023

Taught by Todd Steinacher, LLCC adjunct instructor, agriculture, this course will provide a prospective certified crop advisor (CCA) with a greater understanding of how to develop a crop advising philosophy for improved crop development, while minimizing risk and environmental impact.

## **Google IT Support Certificate**

#### Feb. 6-June 26, 2023

Instructor-led program that includes five courses covering troubleshooting, customer service, networking, operating systems, system administration and security – all the fundaments needed to land an entry-level role in IT support.

217-524-6749



## **Five Star Chapter**

## "Bettering ourselves, our campus and the community."

This is how Jesse Dees, secretary of LLCC's Phi Theta Kappa Honor Society, describes the goals of the chapter.

Phi Theta Kappa (PTK) is the foremost honor society recognizing academic excellence in two-year college students. The chapter is open to full-time LLCC students who maintain a grade point average of 3.5 or above.

"I joined PTK because it looks good on a resume," says Dees. "I also really wanted to participate in helping the community and to challenge myself with new experiences."

LLCC's PTK chapter has a long history of involvement at the college and locally, and is recognized nationally as a Five Star Chapter, the highest distinction awarded.

"Our chapter has maintained Five Star status since 2013," says Dr. Gillian Bauer, PTK advisor and professor of English. "As a Five Star Chapter, we're recognized for being an active chapter — holding events on campus and in the community, as well as actively recruiting members."

This is Dr. Bauer's first year advising the chapter after the retirement of Dr. Claire Gordon, professor of communication, last spring.

"I'm excited to work with these students," says Bauer. "We have a great group this year. They are motivated to make the chapter more visible."

To reach Five Star status, LLCC's chapter must complete and report all activities included in each level of the Five Star Chapter Plan. For the fifth and highest level, there are three requirements: develop an Honors in Action Project, submit three entries to the Hallmark Awards Program and get involved at the international level.

"The Honors in Action Project is a research-driven project based on the current year's theme provided by Phi Theta Kappa," says Bauer. "This year's theme is 'the art and science of play.' Students are working to research the theme and identify ways to apply the theme to an event that benefits or solves a problem within our community.

"While working on the project, students focus on conducting, documenting and reflecting on research."

For last year's Honors in Action Project, PTK sponsored an organ donor registration event in conjunction with the Illinois Secretary of State's Life Goes On project. The event raised awareness for the importance of organ donation and included remarks from a family of an organ donor, a living organ donor and an organ recipient.



To meet the international involvement requirement, four officers attended PTK's Catalyst convention held in Denver this past April (top right). LLCC's 2021-2022 officers received a distinguished chapter officer team award, which recognizes teamwork, leadership abilities, promotion of an Honors in Action Project and other engagement within PTK.

While this year's college and community projects are in the works, PTK is staying busy with other activities on campus.

"We just redid the bulletin board on the second floor of Menard Hall," says Joey Gallo, the chapter's vice president for service. "On the board, we have the PTK Five Star Chapter Plan checklist so students and staff can see what we're doing and our progress to the Five Star level.

"We also have been trying to increase our visibility within the college and have been getting more involved with campus activities."

During Welcome Week for the fall semester, PTK cosponsored Cookout with a Cop with the LLCC Police Department and Student Life. PTK members served burgers and hot dogs alongside police. A dunk tank and yard games made for a fun afternoon.

"I volunteered for a two-hour shift at the cookout but decided to stay for the full event because it was a fun experience meeting a bunch of people. I've enjoyed getting out of my comfort zone," says Dees.

The chapter, which has almost 200 members, is holding meetings in a larger location on campus and using the Canvas learning management system to streamline communication.

"A few members also redid our trophy case on the second floor of Menard to highlight recent awards. We hope more students become interested and participate in all we have to offer," says Bauer.

"I decided to get involved with PTK because of the scholarship opportunities," says Gallo. "But now I'm more involved as an officer and with events. It's a chance to grow as a leader and a scholar."

For the latest updates, follow LLCC's PTK chapter on Facebook (@llccptk) and Instagram (@ptk\_aek). www.llcc.edu/phi-theta-kappa





## **Birds**, bees and berry bushes

Outdoor living labs expand the classroom

"Can we take this class outside?" The answer is yes for students in LLCC science, ag and other courses thanks to living labs across and beyond campus.

The newest outdoor lab is West Lake Nature Grove, adjacent to campus at 2321 West Lake Shore Drive. The land was donated to the LLCC Foundation by Dean "Robbie" Robert Jr. in memory of his friend, Lloyd Inslee Jr., who lived on the property for more than 50 years. Robert specified that the land be used for educational purposes.

Currently the Grove houses an apiary with multiple beehives and numerous berry bushes and trees planted for research purposes. Soon, special commemorative benches will be installed.

Dave Cox, professor of biology (below, third from left), partnered with the Prairie State and Lincoln Land Beekeeping Associations to support the apiary and provide mentoring to interested students and community members. "Academically, it's a wide-open slate for any class to use," says Professor Cox. "Chemistry students could analyze the honey produced in the hives, microbiology students could research the antimicrobial benefits of honey. As beekeepers typically lose 40% of their colonies each year, my biology students conducted an initial research project last spring as to why this occurs. They performed autopsies on bees, looking for parasites and other possible causes of bee colony loss."

Bill Harmon, professor of agriculture (right), utilizes the Grove in agronomy and horticulture classes. "We planted grapevines, apple trees and blackberry bushes last spring, but unfortunately the deer enjoyed most of them. We learned from that experience, and this fall, we will replant with better fencing. We also plan to cover some of the berry bushes with netting so the bees can't reach them and compare





those to bushes without nets to illustrate the importance of bees and pollination.

"This is just another way to give students hands-on learning, so instead of watching a video about honeybees, Professor Harmon says another benefit of the Grove is that students are exposed to a different form of Other outdoor labs used by ag students include the Kreher research farms in Christian County and near Blue Meanwhile, the college's outdoor bird banding station (above) has begun its 20th banding season (two are held

we can study them in person (from 10 feet away), and it drives home the lesson of what would happen if we lost honeybees." As to the continuing decline in the bee population, he noted, "Pesticides are part of the reason we're seeing fewer wild bees, and since we now farm from ditch to ditch, there are fewer clover patches to support the bees." agriculture. "They learn how to make money harvesting honey and how beekeeping can increase yields in orchards." Mound, where students conduct corn and soybean trials, and a fiber hemp plot planted in a field near campus. per year.) Last spring, students and volunteers with the Lincoln Land Association of Bird Banders banded 1,776 birds of 99 species. There were 467 repeat captures (birds banded earlier during the season) and 105 return captures (birds banded during a previous season). Two of the more interesting recaptures were a Blue Jay originally banded in fall 2013 and a Downy Woodpecker and Black-capped Chickadee that were both originally banded in the fall 2015. In total, over 19 seasons, 31,574 birds have been banded. Data from the banding is added to a global database that tracks migration patterns, giving students undergraduate research experience.





## LLCC expands eight-week class offerings

Next eight-week session begins Oct. 17

A growing trend in higher education, eight-week condensed classes offer students flexibility and the ability to focus on fewer classes and finish those classes in fewer days.

Eight-week classes provide the same content, number of credits, services and support as semester-long, 16-week classes, but on a different schedule. There are more options for students to get started or back on track.

"Eight-week classes allow students to focus on fewer classes at a time," explains Leslie Johnson, assistant vice president, student success. "A student may traditionally take five classes at the same time for 16 weeks. With eight-week classes, they can take those same five classes, but only focus on two for the first eight weeks and then three the next eight weeks."

Many new eight-week classes are being offered on the Springfield campus, outreach centers and online.

## To learn more and view available eightweek classes, visit www.llcc.edu/8-weeks.





## Tips for success in eight-week classes

From LLCC Student Success Coaches

1. Classes will move faster, so staying organized and on top of assignments is essential.

2. Eight-week classes allow you to focus on fewer classes at one time, so use the extra brain space to focus better on each class.

3. Don't hesitate to reach out to your professor when you have questions: email them, talk to them before or after class, and/or visit them during their office hours.

4. Utilize the LLCC Center for Academic Success for study tips and success strategies. Be proactive and set up an appointment before your first test, quiz or project.

5. Create a study/homework schedule that allows enough time each week to keep up with the faster pace of classes.

6. Get textbooks and access codes prior to the start of classes.

7. Connect with your student success coach if you need any support or guidance.

8. Be sure to check Canvas (online learning system) and LLCC email daily.

9. Make use of online study tools, free for students, such as Brainfuse and CircleIn.

10. Don't cram. Work on your classes in smaller chunks rather than waiting to work on everything at once.

11. Most importantly, believe in yourself!

## **Care for people. Make a difference!** *Train for a career in health care*

Do you want to help others? Work in a high-demand field? Increase your earning potential? Have a career for a lifetime?

Train for a health care career at LLCC. From nursing, to surgical technology, to medical assisting, LLCC has many health care programs that range in length from eight weeks to two years.

LLCC opened the high-tech Nursing Education Center in 2021 in partnership with Memorial Health. Students learn in simulation labs, classrooms and numerous clinical health care sites in the area.

"I chose to go into the field of nursing to help people," says Dee Patterson, LLCC nursing student. "I was in the medical field for 10 years, then stepped away for 16 years. I noticed that everything was leading me back to nursing. In 2020 I started on my journey to earn my RN degree.

"The ADN program at LLCC is tough, yet worth every single minute you put into it. The professors and staff truly put their hearts and souls into teaching. They give you all the tools and support to be successful as an RN."

Patterson and some of her classmates are benefiting from a new state grant to assist community college health care students. "The PATH (Pipeline for the Advancement of the Healthcare Workforce) grant offers wonderful support for students like me in the ADN program," says Patterson. "LLCC and the PATH grant help us have the tools and support to succeed. I would not have chosen any other place to continue my education." "There is no better place to train for a health care career than LLCC in terms of quality and price," says Dr. Cynthia Maskey, dean of health professions. "Our professors are trained professionals who set the highest of standards for students. Our outcomes, the pass rates our students earn on licensure and competency exams, are proof that our students are well prepared for the lifesaving careers they are undertaking. All throughout our area, our graduates serve patients in hospitals, clinics, health departments and home health.

"Many doors open for our graduates," adds Dr. Maskey. "They can earn their degree or certificate here and stay in this area or move anywhere and find a job.

"My message to prospective students is, due to the shortage of health care workers, Illinois is supporting new students in health care programs through the PATH grant. Don't let concerns regarding funding hold you back from applying. There is help available."

Besides nursing, LLCC health care programs include many specialized forms of patient care, including neurodiagnostic technology (NDT) (top and bottom right), the only program of its kind in Illinois. NDT is the study of brain waves and diagnosis of various brain and sleep disorders.





Caitlyn Tinsley, NDT student, entered the pro my education, opening doors for a fulfilling of at LLCC, my interest in the human brain a is to provide the best life I can for my fan this goal while enjoying the work itself." NDT Program Director Diane Liesen s administering electroencephalograms (El epilepsy monitoring and remote monito excellent clinical opportunities locally ar gain employment while still in school. 100% pass rate on the credentialin

> Get prepared for a high-demand career in health care. See the list of LLCC health care programs on page 25 under "Health Professions" and learn more at www. llcc.edu/healthcare.

Caitlyn Tinsley

Caitlyn Tinsley, NDT student, entered the program "because it offered me an opportunity to further my education, opening doors for a fulfilling career caring for others. After taking a psychology course at LLCC, my interest in the human brain and how it works turned into a passion. My goal above all is to provide the best life I can for my family, and the NDT program offers a way to work toward this goal while enjoying the work itself."

NDT Program Director Diane Liesen says her students are highly sought by employers for jobs administering electroencephalograms (EEGs), continuous monitoring in the intensive care unit, epilepsy monitoring and remote monitoring from home. "We are fortunate to offer our students excellent clinical opportunities locally and locations from Peoria to St. Louis. Many NDT students gain employment while still in school. Our graduates have an excellent job placement rate and 100% pass rate on the credentialing exams."



## Advance your career in childcare Free classes for those who work or have worked in childcare

When working with young children, you have an opportunity to positively impact their future, see them learn and grow, and have days that are rewarding and fun.

LLCC student Kaitlin Robinson has worked in a daycare for three years and says, "Helping young children is a reward in and of itself. It is also very uplifting. When there's music, you see them dancing and laughing. They're having a good time and so are you!"

"I think one of the biggest rewards is watching children have 'aha' moments," adds Amethyst Hamm (right), LLCC student who works at the college's Child Development Center. "From helping them learn words to master simple motor skills, when they are able to do the tasks without any help, it's just so cool ... helping children to succeed in life."

Over the last few years there has been a teacher shortage in early childhood education. "In addition to playing an important role in the development of children, these professionals help keep our world as we know it going around," explains Danyle Watkins, LLCC professor of early childhood education. "Imagine a workday without any available daycare. This would have a dramatic impact on the workforce. Many parents — including doctors, mechanics, IT helpdesk techs and more would not be able to go to work or provide needed services."

### **Upskill for free**

To address this shortage, the Illinois Student Assistance Commission in collaboration with the Early Childhood Access Consortium for

Equity (ECACE) provides a scholarship for those who work or who have worked in early childhood education or childcare and who are interested in getting an additional degree or credential in the field. The scholarship can cover a student's total cost of attendance.

At LLCC, those who receive the scholarship can take specific courses free to earn credentials in certificate programs and the associate in applied science (AAS) degree program. They will also have a mentor and navigator to guide them through the process.

Marlena Constant is LLCC's early childhood education advocate, helping current and future students every step of the way — with applications for scholarships and financial aid, providing support and connecting students with services. "You're doing for others. We can help do for you," she says. "And if you can't come to me, I'll come to you."

"Definitely say yes to this opportunity. With this scholarship, there is no reason not to go for it," says Robinson. "Marlena is a big help to anyone interested in the program, and Danyle is a great instructor. Anytime you have a question, they are there to help."

"I think that having a scholarship to help teachers get back to school is so helpful," shares Hamm. "It is also helpful having someone like Marlena, who is a great support for me. She has been working very hard helping me through the whole application process."

"When you increase your credentials, you're also increasing your pay," explains Constant. "Our AAS degree is focused on early





childhood education classes and preparing you for the workforce, but it is also 100% transferrable so that you can start with junior status at state universities and private universities in Illinois that are part of ECACE."

#### **Support services**

The ECACE grant also provides for additional supports. LLCC is developing incentives for completion and spaces specifically for early childhood education students to study, get assistance and relax, and will continue to grow the supports available.

"I'm a barrier remover. When things like needs for technology, Wi-Fi or gas money are hurdles to your education, we can assist," says Constant. "We are about cohorts, friendship, collaboration and built-in supports. It benefits both young teachers and those who have been in the field for a while.

"Everybody here is passionate about doing the best for students. I'm going to be your cheerleader, and I'll be there as you graduate to watch you walk across the stage."

"Education is about personal growth," adds Professor Watkins. "If you've considered continuing your education in this field, now is a great time."

#### www.llcc.edu/ece

Interested in learning more? **Contact Marlena Constant** (right), LLCC early childhood education advocate, at 217-786-2392 or Marlena.Constant@llcc.edu.



## **It's about community** *Training, jobs and business partnerships in HVACR and construction*

"We put a big emphasis on community," says Derek Matlock, LLCC instructor in heating, ventilation, air conditioning and refrigeration (HVACR). "LLCC is a community college. We find out what the businesses in our community are looking for in qualified employees and help fill those needs through training."

"I see LLCC as being a hub, a link and connector, for students, employees and employers," adds Chris Edmonds, program director of construction trades. "There are a variety of career paths in the trades that lead to high paying careers that grow into leadership roles. And you can walk out of LLCC with the training you need and with little or no debt."

## Construction

LLCC's construction trades program prepares students to work as carpenters, electricians, roofers, laborers, brick masons and many other careers. "In conjunction with local employers, we're expanding our training in commercial construction, where most opportunities in this area currently are, while also continuing to provide residential training," says Edmonds.

"Our program provides hands-on training and visits with employers to help students make informed decisions on what career path to take in the industry. Our Intro to Construction Occupations class is out in the



community at least once a week meeting with general contractors or trade unions. Students learn about who they employ and how



different positions work together on a commercial construction site."

"At O'Shea Builders, we love our jobs, and we want to share that with the community," says Brittany Henton, manager of business and community relations. "We host LLCC's construction class and introduce them to the career paths in the trades, as well as the business side of construction. We also host students for job shadow and internship opportunities ... we can share our time and resources to create a pipeline of ready-to-work candidates to fill jobs within the construction industry."

Ela Martin (left) has owned her own cleaning business for many years and didn't think about a future in construction until she was asked by one of her employers if she could do some additional work like changing out a doorknob. "I started looking around for a program and feel so lucky that LLCC has this program. It's the perfect one for me. It made me realize there are options to do something else. I'd been looking for a career for myself that really felt like a good fit, and this is it. I have the challenge of learning and the confidence that I will learn. I want to be here for every class."

LLCC construction student Ben Taylor (below) says, "I like how we spend time in labs, with hands-on work. You can look up a YouTube video, but it's not the same as getting your hands dirty and doing the work yourself. That's the best way to learn and retain."



### **HVACR**

LLCC's HVACR lab has been recently updated. It houses real-world equipment and situations. "All HVACR equipment that students work on is new," says Paul Ray, LLCC HVACR instructor. "As part of their learning experiences, we can create an intentional problem with the equipment for them to troubleshoot and problem solve."

Now as a built-in benefit of LLCC's HVACR certificate program, students also become licensed (EPA 608 certification) to handle refrigerants.

"HVACR is a great trade to be in," says Ray. "There is a shortage of HVACR technicians, and when you're an HVACR tech, you can go anywhere."

"We're always looking for employees," says Mark Miller, president of Allied Plumbing and Heating. "We visit LLCC's HVACR class and participate in career fairs. Being connected with the Workforce Institute at LLCC gives us a better opportunity to



### Learn more www.llcc.edu/construction

www.llcc.edu/hvacr

## **Interested in enrolling?**

Schedule a meeting with Darla Cochran, workforce enrollment specialist, at www.llcc.edu/darla or by calling 217-786-2407 or emailing Darla.Cochran@llcc.edu.

## Interested in hiring our graduates?

Contact Jeffrey Martin, workforce recruitment and placement coordinator, at 217-786-2373 or Jeffrey.Martin@llcc.edu.

cultivate relationships with quality employees."

"I like working with my hands and fixing things. I grew up helping my dad do DIY projects," says Nathan Nash (below), LLCC HVACR student. "I learned about the HVACR program in a walk-through visit on campus during the summer. An employer was talking about it. I saw the technical side, and decided it was for me."

Peter Balon (bottom right), LLCC HVACR student, is from Cameroon in West Africa and arrived in the U.S. in early August. "I was studying air and refrigeration back home. I was passionate about it; but there was a crisis, and schools were shut down. I arrived here at the right time. I got the last space in the program," he says. "I like everything about the classes. It's fun, makes you want to study hard and is not stressful. I feel like learning every day."

"We cover residential and commercial and connect students with employers for placement once they're finished. We continue to grow, expand and adapt with the times," says Matlock. "It's personal. We want to make sure our students are prepared and do well."

## **STUDENT SPOTLIGHTS**

## FACULTY SPOTLIGHT Tameka Johnson-Tillman

## Encouragement and innovation

"I know that students need encouragement as well as support from someone to help them find their way and encourage them to take ownership of their future. Therefore, everything I do in class stresses improving the lives of my students and the world where we live."

This caring attitude and determination to help students succeed led Tameka Johnson-Tillman, professor of English, to develop the college's co-requisite model for English composition.

Students who would otherwise test into below-college-level English courses may now enroll in college-level English while taking an extra credit-hour class alongside to help them succeed.

"The course is now available to all students, ending the need for developmental English at LLCC. As we continue to provide our students with the best education, I continue to focus on the most up-to-date best practices for accelerated learning," says Johnson-Tillman.

The professor joined LLCC in 2013 after earning a B.A. and M.A. in English from Eastern Illinois University. She has led numerous initiatives aimed at improving students' experiences while taking composition classes. While working to revise the college's approach to teaching developmental composition, she developed a specific composition course for students in the criminal justice program. This innovative approach was the impetus for a larger shift toward the new, co-requisite method of teaching composition.

"Professor Johnson-Tillman's leadership and passion has helped LLCC transform its approach to developmental writing instruction, giving students a more direct route toward achieving success," said Dr. Charlotte Warren, LLCC president. "She is a role model for all faculty."

Johnson-Tillman was nationally recognized with the 2022 Dale P. Parnell Distinguished Faculty Recognition from the American Association of Community Colleges.

"Because I am a member of a marginalized community, I choose to teach at a community college because that is often the first and only choice for marginalized people," said Johnson-Tillman. "I want to be an example to students and help them reach their goals. I must continually show them that I care, and I can only do that if I remain purposefully engaged in the best practices that help me advocate for all students."





Addison Scarlette was an integral part of the 2021-22 Loggers women's basketball team, which clinched LLCC's first Mid-West Athletic Conference title in that sport and finished the season with a 28-5 record. The team was ranked in the top five nationally for most of the year.

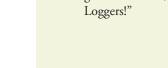
Due to her stellar academic record off the court, Scarlette was named NJCAA Academic All American and to the Mid-West Athletic Conference All-Academic Team.

"When I came here (from Sacred Heart-Griffin High School) on a visit, it felt like home. I really liked the coach (Chad Jones) and all of the women on the team," says Scarlette.

She is currently devoted to her studies and sport. "I'm pretty focused on athletics and in the gym two and a half to three hours a day. Our coach pushes us to be better players and better people. In the LLCC athletics department, academics always come first." After LLCC, she plans to attend nursing school.

She's looking forward to a great season that starts in mid-October. "I'm excited to start playing again," says the talented shooting guard.

"If you're looking for a place where you feel like you're at home and want to experience a really good education, LLCC is the right spot for you. Go Loggers!"



**Giles Harris-Patel**, an English major, was chosen to represent students on the LLCC Board of Trustees through April of 2023. He serves alongside the seven elected trustees who set policy to ensure LLCC is meeting citizens' educational needs.

His academic plans include transferring to a four-year university after graduating from LLCC and then pursuing a law degree with a career goal of international law.

He chose to remain close to home for college. "I've met some great people at LLCC and the professors here are magnificent — caring and very enthusiastic about their fields," says Harris-Patel. He decided to apply to become the student trustee "to make a difference, to see what leadership of the college is like from the inside. This is my first step in becoming a lawyer, a diplomat and someone who hopes to change the world."

He is working with other ambitious students to see how he can affect positive change. As part of his leadership journey, he is excited to travel with fellow trustees and the college president to New York City to participate in a meeting of the American Association of Community College Trustees.

With a part-time job at Motorheads and full-time college studies, he still finds time to look for ways to improve the student experience. "LLCC is a great place to find my calling, be myself and have room to grow."



## STAFF SPOTLIGHT

## Team COLLEGE SUCCESS

"Good to see you! How's it going?" Smiling, saying hello and offering assistance to students, staff, faculty and community members — that's Mack Alexander, building custodian at LLCC.

He is known for being welcoming and supporting college success, whether it's in person or by leaving notes of encouragement on someone's desk. He embodies the ideals of servant leadership: valuing people, listening, building trust and caring for others.

"I was born in Springfield but grew up in Chicago surrounded by different nationalities. I get along with everybody," says Alexander. "When younger, I found with one little word I could make my dad and his friends smile. And I learned a lot from my mom. She was a people person too."

## My favorite part about my job is the people, coworkers and students. I'm just part of the larger team.

Alexander began work as a building custodian at LLCC in 2019. In 2022, he was named a recipient of the college's Distinguished Service Award. His nominators said he "has a positive outlook on life that shines through to coworkers and students. Faculty, staff and students are uplifted after interacting with him."

Mack Alexander

"A little gesture can mean a lot. When you say hello or good morning,

you just might make a person's whole day," says Alexander. "Sometimes you can see on someone's face when they have a question, so I'll start the conversation."

HAVE A GREAT DAY 'S MACK

He says some of the most stimulating talks he's ever had are with students. "I let them know how it could be if they stay in school and keep their grades up. If they put their mind to it, they can accomplish anything. I tell them to not let the outside distract them."

He is also detail-oriented and takes pride in his work. "Cleanliness provides a positive first impression, in computer labs, offices and classrooms. People are happy in a clean environment," he explains.

"My favorite part about my job is the people, coworkers and students. I'm just part of the larger team," he adds. "LLCC is a good place to come and get a certificate or diploma,

and it's a great place to work. You have all the opportunities and necessities to make it here because everybody helps everybody else as a team." YOU HAD A GREAT MONTH' KEEPIT UP MACK ALUM SPOTLIGHT



For Greg Marantz, enrolling at LLCC was the first step toward achieving his goal of working at his family's business.

"I'm a third-generation banker," says Marantz, senior vice president of credit and risk management at Bank of Springfield. "I knew from an early age that I wanted to come back to work at the bank."

Marantz grew up in Springfield and attended Springfield High School.

"I was recruited to play baseball for the Loggers," says Marantz (inset photo). "LLCC was a good fit for me, and it made sense financially."

At LLCC, Marantz found a strong support system on the field and in the classroom.

"Playing baseball taught me how to fail and, more importantly, how to learn from those failures, move on and build on that experience," he says. He earned NJCAA Academic All-American and MWAC Academic All-Conference honors in 2010.

While studying business, Marantz credits the support and expertise of his instructors. He says his LLCC classes prepared him to transfer to the University of Illinois Urbana-Champaign where he received a bachelor's in general management. After earning a master's in business administration at St. Louis University, he went to work at Bank of Springfield, where he currently oversees the commercial loan underwriting department.

## Greg Marantz



## LLCC is a place where you can explore your interests without breaking the bank. From there, you can go anywhere.

In addition to working at the bank, Marantz values being involved in the community. He is a member of the Springfield Sports Hall

of Fame committee and the Legacy Fund Committee of the Jewish Federation. He also served six years on the LLCC Foundation Board of Directors, including as board chair in 2021.

"I was looking for ways to get more involved in the community, and as an LLCC alum, the opportunity to serve on the board was an easy decision.

"Once I got involved with the LLCC Foundation, I saw the huge impact they have on students and the community. It's not something you fully see while you're a student — all they do to help students succeed, including scholarships."

For students considering their path after high school, his advice is this: "Take that first step. LLCC gives you the opportunity to test the waters and see what works for you.

"I was lucky to know what I wanted to do, and not very many people do. LLCC is a place where you can explore your interests without breaking the bank. From there, you can go anywhere."



## LLCC offers

Transfer Degrees (AA, AS, AFA, AES)

Career and Tech Degrees (AAS)

**Career and Tech Certificates** (Certificates of Achievement/Completion)

Short-term Career Training

**Online Degrees and Certificates** 

**Community Education** (personal enrichment classes)

**College for Kids** 

## Arts and Communication

#### **Associate in Arts**

Art Digital Media Design Music Speech Communication World Languages **Associate in Fine Arts** Music Performance Studio Art **Associate in Applied Science** Integrated Media Design **Certificates of Completion** Audio Production

## **English and Humanities**

**Associate in Arts** English

Journalism Liberal Arts Philosophy **Associate in General Education** Liberal Arts

**Online Degrees** English - Associate in Arts Liberal Arts - Associate in Arts

Philosophy - Associate in Arts

## Health **Professions**

**Associate in Applied Science** 

Associate Degree Nursing Associate Degree Radiography Associate Degree Surgical Technology Diagnostic Medical Sonography **Emergency Medical Services** Fire Science Technology Neurodiagnostic Technology Occupational Therapy Assistant Respiratory Care **Associate in Arts Exercise and Sports Science Associate in Science** Pre-Nursing **Certificates of Achievement** Medical Coding Specialist Paramedic Practical Nurse **Certificates of Completion** 

Advanced Emergency Medical Technician Advanced Technician Firefighter Basic Nurse Assistant **Basic Operations Firefighter** Central Sterile Service Technician Clinical Medical Assistant

CNA to Clinical Medical Assistant Emergency Medical Responder **Emergency Medical Technician** Fire Apparatus Engineer Fire Prevention Principles Fire Service Instructor I Fire Service Instructor II Fire Service Vehicle Operator Fire Tactics and Strategy I Hazardous Materials for the First Responder Technical Rescue Awareness Vascular Sonography Vehicle/Machinery Operations **Short-term Career Training** 

### Dental Assistant

ECG Technician Massage Therapy Personal Trainer Phlebotomy Technician Veterinary Assistant

- **Online Degree**
- LPN to ADN Transition -Specialty Program **Online Certificates of Completion** Fire Prevention Principles Fire Service Instructor I Fire Service Instructor II

## **Mathematics and Computer Science**

Associate in Arts **Computer Science** 

**Associate in Science** Engineering Liberal Arts Mathematics **Associate in Engineering Science Engineering Science Associate in Applied Science Computer Systems Certificates of Achievement** Computer Science Cybersecurity **Certificates of Completion CISCO** Network Administration Training Help Desk **Online Degrees** Computer Science -Associate in Arts Computer Systems -Associate in Applied Science **Online Certificates** CISCO Network Administrator Training -Certificate of Completion Computer Science -

Certificate of Achievement Cybersecurity -Certificate of Achievement

## Natural and **Agricultural Sciences**

**Associate in Arts** 

Agriculture Geography **Associate in Science** Biology Chemistry and Chemical Engineering Geology Physics **Associate in Applied Science** Agri-Business Horticulture and Cultivation Precision Agronomy & Custom Application **Certificate of Achievement** Ag Watershed Tech II **Certificates of Completion** Ag Watershed Tech I Cultivation Geographic Information Systems (GIS) Precision Agronomy Operator Certificate

## Social Sciences and Business

**Associate in Arts** 

Accounting **Business** Administration Criminal Justice Early Childhood Education **Elementary Education** History Human Services **Political Science** Psychology Secondary Education Sociology **Associate in Applied Science** Accounting Specialist Business Criminal Justice Early Childhood Care and Education **Certificates of Achievement** Entrepreneurship **Certificates of Completion Business Operations Facilitator** ECE Credential Level II ECE Credential Level III Management **Online Degrees** Accounting - Associate in Arts Business Administration -Associate in Arts Criminal Justice -Associate in Arts

Criminal Justice -Associate in Applied Science History - Associate in Arts Psychology - Associate in Arts Sociology - Associate in Arts

## WORKFORCE INSTITUTE

#### **Associate in Applied Science**

Airframe and Powerplant Aviation Mechanics Automotive Technology Aviation Management Commercial Electrical Maintenance Construction Occupations Culinary Arts Customized Applied Technology Diesel Technologies (coming fall 2023) Electrical Distribution Lineman Hospitality Management

**Certificates of Achievement** 

Advanced-Level Welding Automotive Technician Aviation Airframe Technician Aviation Powerplant Technician Baking and Pastry Culinary Manager Electrical Distribution Lineman Maintenance

Heating, Ventilation, Air Conditioning and Refrigeration Hospitality Supervisor Industrial Maintenance Technologies Mechatronics Residential Construction Value-Added Local Food **Certificates of Completion** 

Auto Heating and Air Conditioning Basic Multipractice Welding Brakes Certified Production Technician Commercial Electrical Maintenance First Cook Hospitality Professional Industrial Technologies Intermediate-Level Welding Shielded Metal Arc Welding Steering and Alignment Truck Driver Training CDL Basic **Workforce Development Programs** Aerial Scissor Lift Training Certification CPR/First Aid Certification Forklift Training Certification Intro to Solar Photovoltaic **OSHA 10** Certification Solar Site Assessor Training



**TUITION & FEES** vary by program. Visit www.llcc.edu/tuition.

**FINANCIAL AID** is available to those who gualify. Visit www.llcc.edu/financial-aid or call 217-786-2237. Payment plans available.

**SCHOLARSHIPS** are available through the LLCC Foundation. Visit www.llccfoundation.org/scholarships.

## **LLCC LOCATIONS**

Main campus, 5250 Shepherd Rd., Springfield. 217-786-2200. www.llcc.edu

Medical District, 130 W. Mason, Springfield. 217-782-7436. www.llcc.edu/medical-district

LRS Aviation Center, 815 S. Airport Dr., Hangar 4, Springfield. 217-544-4965. www.llcc.edu/aviation

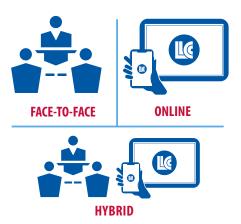
Neurodiagnostic Technology, Respiratory Care programs located at HSHS St. John's Hospital, Springfield.

Jacksonville, 32 N. Central Park Plaza. 217-243-6699. www.llcc.edu/jacksonville

Taylorville, 800 S. Spresser. 217-786-2754. www.llcc.edu/taylorville

Litchfield, 1 Lincoln Land Dr. 217-786-3401. www.llcc.edu/litchfield (some classes offered in Hillsboro)

Beardstown, 109 White Pine Ln. 217-323-4103. www.llcc.edu/beardstown



LLCC is accredited by the Higher Learning Commission (hlcommission.org), an institutional accreditation agency recognized by the U.S. Department of Education and is an equal opportunity employer that does not discriminate against any student, employee or prospective employee. www.llcc.edu/equal-opportunity

## Adult **Education**



Adult education serves as a pathway that equips adult learners with the skills they need to enter a career or to transition to postsecondary education.

LLCC Adult Education programs include

- Adult Basic Education
- High School Equivalency Preparation Classes
- English as a Second Language
- Adult Career Pathways

Classes are offered in Springfield, Beardstown, Jacksonville, Petersburg, Litchfield, Hillsboro and Taylorville.

Learn more at www.llcc.edu/adulteducation or call 217-786-2349.

## Workplace Safety Certifications

Short-term classes for the workplace

**OSHA 10** Oct. 10-11, Dec. 13-14, 2022; March 1-2, 2023

**CPR/First Aid Training** Dec. 12, 2022; March 3, 2023

**Forklift Training** Dec. 15, 2022; Feb. 27, April 18, 2023

**Aerial/Scissor Lift** Oct. 14, Dec. 16, 2022; Feb. 28, April 19, 2023

Learn more at www.llcc.edu/workforce or call 217-786-3675.

## Community **Education**



## **ACTIVE/HEALTH CPR** Training

Thu, 1/19, 6-10 p.m. Tue, 2/7, 6-10 p.m. Wed, 2/22, 6-10 p.m. Mon, 3/13, 6-10 p.m. Thu, 3/23, 6-10 p.m. Tue, 4/11, 6-10 p.m. Wed, 4/26, 6-10 p.m. Mon, 5/8, 6-10 p.m. Thu, 5/18, 6-10 p.m. Refuse to Be a Victim Wed, 2/15-2/22, 6-8 p.m.

**Our Chemical Environment:** Toxicology and **Endocrine-Disrupting** Chemicals Tue, 3/21, 6-8 p.m. Zumba Thu, 2/16-4/13, 6-7 p.m.



#### Personal and professional development classes

Looking for a quick course? To explore something new? Meet people with similar interests? Develop career skills?

LLCC Community Education is a wonderful resource for non-credit learning activities, with offerings for all ages.

See the latest list of courses and learn more at www.llcc.edu/community-education

217-786-2432

ARTS

The Sunshine Within -Ideas for a Happier You! Thu, 3/23-3/30, 10-11:30 a.m.

Writing for Film

Abstract Art

8:30 p.m.

Thu, 2/2-2/23, 5-7 p.m.

Tue, 4/4-4/25, 7-9 p.m.

Intro to Calligraphy





p.m.

**FAMILY MATTERS Planning Your Disney** Vacation or Cruise Thu, 2/23, 6-7:30 p.m.



**Retirement Planning** Today Sat, 1/28-2/4, 9:30 a.m.-12 p.m. Tue, 1/31-2/7, 6:30-9:30 p.m.

## **HOME & GARDEN**

First-Time Home Buyer Seminar Sat, 3/25, 10 a.m.-noon Planting a Successful **Butterfly Garden** Planting a Basic Herb Garden Thu, 4/27, 6-9 p.m. **Flower Arranging** Thu, 2/2-3/30, 6-8 p.m.

How to Prepare, Stage & Sell Your Home Sat, 2/25, 10 a.m.-noon **Organic Gardening** Tue, 5/2-6/6, 5:30-7 p.m.



**Introduction to Floral** Design Wed, 2/22-4/19, 5-7 p.m. Downsizing: It's Harder Than You Think Sat, 3/25, 9:30-11:30 a.m. Easy Vehicle Driveway Checkup Sat, 3/25, 9 a.m.-1 p.m.

#### LANGUAGE

**Beginning French** Mon, 4/3-4/24, 4-6 p.m. **Beginning Arabic** Thu, 3/16-5/4, 6-7:30 p.m.

**College Choir** Mon, Wed, Fri, 1/9-5/5, 1-1:50 p.m.

MUSIC

American Sign Language

**Beginning Japanese** 

Weds., 3/29-5/17;

5:30-7 p.m.

Wed, 2/1-4/26, 6:30-8:30 p.m.

Thu, 3/30-5/4, 7:30-9 p.m.

**Conversational German** 

**Conversational Spanish 1** 

Mon, 2/20-4/17, 7-9 p.m.

**Conversational Spanish 2** 

Wed, 2/22-4/19, 7-9 p.m.

**Conversational Spanish 3** 

Tue, 2/21-4/25, 7-9 p.m.

Level 2

## **PHOTOGRAPHY**

#### Photoshop

Tue, 4/4-5/16, 6-8 p.m. Photography I: The Camera and the Image Thu, 1/26-3/2, 6:30-8:30 p.m. Photography I: The Camera and the Image Thu, 3/30-5/4, 6:30-8:30 p.m.

Photography II: Post-Processing Your **Images With Lightroom Classic** Tue, 1/24-2/21, 6:30-8:30 p.m. **Photography II: Post-Processing Your** Images with Lightroom Classic Tue, 4/4-5/2, 6:30-8:30 p.m. Landscape Photography Mon, 3/27-4/17, 6-7:30 p.m.

Air: The Art of Painting Tue, 4/18, 6-9 p.m.

#### **27** FORWARD MAGAZINE - OCTOBER 2022

Thu, 3/23-5/4, 6:30-**FINANCE** 

#### PERSONAL DEVELOPMENT

The Power of You: **Creating More for Your** Life and This World Wed, 1/25-2/8, 6-7:30 p.m.



#### **PERSONAL INTERESTS**

Honoring Female African **American Authors** Fri, 2/3-3/3, 10-11:30 a.m. Freelance to Freedom -Launch Your Career as a Virtual Assistant Tue, 2/21-2/28, 6-8 p.m. Want to Travel for Free? How to Earn and Spend **Rewards Points Through Credit Cards** Sat, 4/22, 11 a.m.-12 p.m. **Travel Tips by Frugal Frau** Mon, 2/6-2/27, 6-7:30 p.m.

#### **TECHNOLOGY**

Social Media: Which Platforms are Used for What? Mon, 1/30-2/27, 6-7:30 p.m. How Can an Electric Vehicle (EV) Fit Into My Life? Sat, 2/18, 9 a.m.-12 p.m.

#### **TEST PREPARATION**

SAT and ACT online test prep options available at ed2go.com/llcc

#### **TEXTILES**

**Knitting 101** Tue, 2/7-3/21, 6-8 p.m. Advanced Knitting Tue, 4/4-5/9, 6-8 p.m.



**Becoming a Professional Photographer** Thu, 4/13, 6-8 p.m. **General Portraiture** Mon, 4/24-5/15, 6-7 p.m. Photography for Beginners Tue, 2/7-2/28, 6-8 p.m.

## Culinary Offerings

LLCC Community Education offers fun, educational, non-credit culinary experiences! These include hands-on enrichment classes, demonstrations, dinners, special nights out, team building and youth programs.

Local chefs and food experts share their knowledge on a variety of topics and experiences. As the community's stateof-the-art learning center for culinary education, LLCC invites people of all ages and skills to join us and explore

the offerings in each category below.

Register early as many classes fill quickly!

More information at www.llcc.edu/ culinary-offerings

#### **DINNERS AT BISTRO VERDE**

**Cured Catering** Fri, 1/27, 5:30-8:30 p.m. Nouveau NOLA Fri, 2/10, 5:30-8:30 p.m. Black "Thai" Dinner Fri, 3/24, 5:30-8:30 p.m. **Danenberger Wine Dinner** Fri, 4/14, 5:30-8:30 p.m.



## HANDS-ON COOKING **Condiments From Scratch** Fri, 5/5, 5:30-8:30 p.m. Korean Cooking Thu, 2/9, 5:30-8:30 p.m. Southern Style Thu, 2/23, 5:30-8:30 p.m.



**Plant Based** Thu, 3/2, 5:30-8:30 p.m.

Freezer Meals Thu, 3/16, 5:30-8:30 p.m.



Sheet Pan Meals Thu, 3/23, 5:30-8:30 p.m. East Coast Favorites Thu, 4/13, 5:30-8:30 p.m. **#Recipes** Fri, 4/21, 5:30-8:30 p.m. May the Fork Be with You Thu, 5/4, 5:30-8:30 p.m. **Fermentation: Sauerkraut** Sat, 1/28, 9:30 a.m.-12:30 p.m.

### **HANDS-ON BAKING**

Flake Out (Croissants) Sat, 2/4, 9:30 a.m.-12:30 p.m. **Coffee and Beignets** Sat, 2/18, 9:30 a.m.-12:30 p.m. Macarons Sat, 3/18, 9:30 a.m.-12:30 p.m.

**Pop** Tarts Sat, 4/1, 9:30 a.m.-12:30 p.m. Fri, 3/31, 5:30-8:30 p.m. A World of Bread Sat, 4/22, 9:30 a.m.-12:30 p.m. Thu, 4/20, 5:30-8:30



**SPECIAL NIGHT OUT** The Heat Is On Fri, 2/3, 5:30-8:30 p.m. Mardi Gras Thu, 2/16, 5:30-8:30 pm. Couples in the Kitchen Fri, 2/17, 5:30-8:30 p.m.



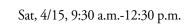
**GNO** Cocktails Fri, 3/3, 5:30-8:30 p.m. **Cocktail Classics** Thu, 3/30, 5:30-8:30 p.m. **Bourbon Smash Sliders and Shakes** 

## **TV GUIDE**

**Episode: Seinfeld Soup** Thu, 1/26, 5:30-8:30 p.m. **Episode: Schitt's Creek Fold** in the Cheese Thu, 2/2, 5:30-8:30 p.m. **Episode: Golden Girls** Cheesecake Sat, 3/25, 9:30 a.m.-12:30 p.m.



YOUTH AGES 8-18 **Doughnut Dunkers** Sat, 2/11, 9:30 a.m.-12:30 p.m. **Colorful Pasta** Sat, 4/8, 9:30 a.m.-12:30 p.m. **Tacos and Salsa** 





**Academy of Lifelong Learning** Lincoln Land Community College

**Educational adventures for persons** ages 50 and up in central Illinois. Join us for the ALL Winter Celebration Jan. 27.



217-786-2432

www.llcc.edu/academy-lifelong-learning

**Community Education, in** partnership with ed2go, also offers a wide variety of online courses for your personal enrichment and professional development. Visit ed2go.com/ llcc to browse online offerings.









## The Art of **Making Friends**

for high school students with ASD or other social challenges

> Tue, 2/21-5/2, 6-8 p.m. 217-786-2432

This interactive social skills group is modeled after the PEERS® curriculum and is for high school students with ASD (autism spectrum disorder) or other social challenges. In-class and community-based instruction provides an opportunity to learn and practice important social skills. To promote day-to-day application of the skills learned in this program, social coaches are required to participate in the program alongside each student. A social coach may be a family member, life coach, counselor or any other person involved in the student's social life. Each week during the program the students will meet both together and separately from the social coaches, each learning relevant skills to complement each other.

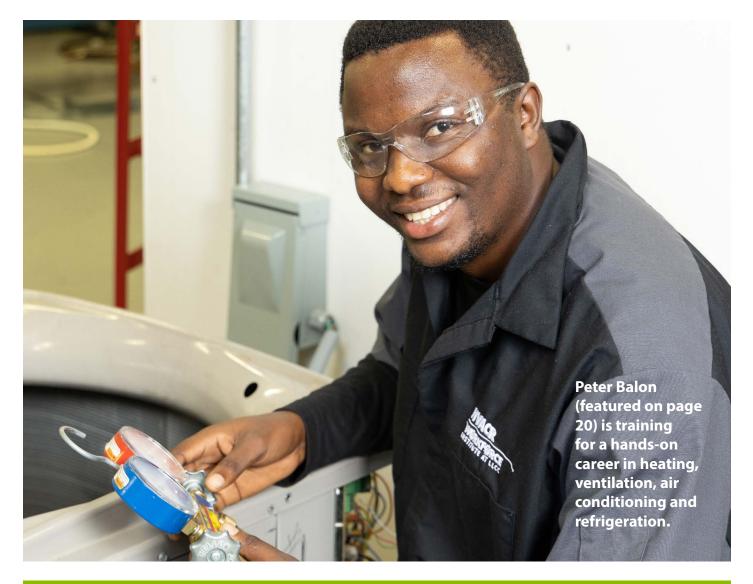
TOPICS INCLUDE: Conversation skills Choosing friends Planning get-togethers Bullying Rumors and gossip Handling disagreements Good sportsmanship





5250 Shepherd Rd., P. O. Box 19256 Springfield, IL 62794-9256





Join us at Campus Visit Day Oct. 10! Register at www.llcc.edu/campus-visit-day

Eight-week classes begin Oct. 17. www.llcc.edu/8-weeks

Spring 2023 semester class registration begins Oct. 20. www.llcc.edu/registration

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