Lincoln Land Community College

APRIL 2024

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Find your passion and turn it into a career

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DIESEL TECHINOLOGIES WORKFORCE

MAGAZINE

# The mission of Lincoln Land **Community College is to** transform lives and strengthen our communities through learning.

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FORWARD MAGAZINE Volume XXXV, April 2024; Produced by LLCC Public Relations & Marketing. Editor/Writer: Kyla Kruse. Contributing Writers: Angela Try, Sarah Frey. Designer: Greg Walbert. Photographers: Terry Farmer, Greg Walbert, Sarah Frey, Kara Slating (Memorial Health) On the cover: Erin Barrick studying diesel technologies at LLCC to contribute to the success of the family business in years to come. See pages 13-14.

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and earn

# **PRESIDENT'S MESSAGE**

# pportuni that's what this issue of FORWARD magazine captures.



It's in stories from our students, alumni, faculty and staff; in upcoming events and workshops; and in the exploration of our many transfer majors and training programs in health care and workforce trades.

We provide opportunities for students of all ages, from participating in summer College for Kids and Career Exploration ... to getting a GED<sup>®</sup> and learning English ... to earning a degree or certificate ... to taking professional development and working with us on customized business solutions ... to joining our Academy of Lifelong Learning.

To help give you the freedom to explore these opportunities, Lincoln Land Community College has a long-standing tradition of keeping costs low - even before factoring in financial aid and scholarships.

See how your future can start here at LLCC! This issue of FORWARD magazine showcases the stories of students who are training for careers they enjoy, who are saving money for their futures by completing the first two years of a bachelor's degree at LLCC, who have returned to college to earn a degree and who are even winning awards for innovative ideas on how to grow plants on Mars.

You'll also read about our partnerships with businesses, such as the Illinois Department of Revenue, to provide customized training. And you'll hear from students and alumni about their journeys in training for a variety of health care careers.

These stories and more await you in this issue. If someone's story inspires you or a class or event catches your eye, I encourage you to reach out to us. We can help you get started on the journey to reach your goals.

Enjoy this issue of FORWARD magazine!

Charlotte Warren, Ph.D. President, Lincoln Land Community College

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# Latest(@LLCC



# What's happening at your community college

## For every student, for every community

LLCC Ag student Skylar Stewart spoke about her experience as a community college student at a press conference at the Illinois State Capitol. "While I was in high school, I took a few dual credit classes through LLCC and was pleased with the materials offered. Then when deciding where to further my education, I visited LLCC and was immediately impressed with how kind everyone was and how much there was to offer so close to home," she said. The event announced the launch of "For Every Student, For Every Community," a campaign that focuses on community colleges in Illinois and the many valuable and vital benefits they bring to the state.







#### Bridging the tech divide

LLCC has partnered with AT&T to offer free digital literacy training classes throughout 2024 to help bridge the technological divide for older adults. Spring courses include Computer Basics (Windows 10), Cybersecurity Basics, Email Basics, Internet Basics, Mobile Devices-Android, Mobile Devices-iPhone and Video Conferencing. For details on class dates, times and how to register, visit llcc.edu/digital-literacy. Classes are also available for organizations serving older adults by calling 217-786-2432.

#### Dr. Maskey recognized for exemplary dedication to nursing

Dr. Cynthia Maskey, dean, health professions, has been inducted into the Academy of Associate Degree Nursing. Academy members are those actively engaged in associate degree nursing education or practice, with proven records of excellence in their institutions and a demonstrated commitment to the health of their communities. The honorary academy fellowship recognizes those individuals who have worked to transform health and education throughout their careers.





Bistro Verde: Home of great culinary and hospitality experiences Bistro Verde is the dining room and kitchen lab space that serves as an active classroom for our very own student-run restaurant. During this part of the semester, it offers a full-service lunch experience in a casual, fine-dining concept on emailing BistroVerde@llcc.edu.



Tuesdays-Thursdays, 11 a.m. to 1 p.m., through May 2 (closed April 23-25). The restaurant features appetizers, soups, salads, desserts, coffees and drinks. Reservations are highly recommended and can be made by leaving a message at 217-786-2821 or

#### Diesel tech lab and classroom named in honor of Roland family

Roland Machinery Co. of Springfield is supporting the LLCC diesel technologies program with a donation of more than \$500,0000 to help provide equipment, scholarships and support. "The impact of their support will resonate throughout our first class and many to come, as they train to enter this high-demand career field. Our local employers will benefit by hiring trained

and work-ready graduates," said Dr. Charlotte Warren, LLCC president.

# LLCC hosts and excels at national PAS conference

The college served as host of the national conference for Professional Agriculture Students March 11-14. LLCC's Soils Teams placed second and fourth, and the College Bowl Team finished fifth. Braydon DeCounter and Alex Sidener each placed second in their Employment Interview events, and Bill Harmon, professor of agronomy, was recognized as the Outstanding PAS Advisor.





#### **Coach Riggle surpasses 700 wins**

Coach Ron Riggle, LLCC's head baseball coach and athletic director, has won over 700 games at LLCC. He is in his 34<sup>th</sup> season coaching at the college and his 22<sup>nd</sup> year as head coach. He has served as LLCC's athletic director since 1997. Riggle also played at LLCC during the 1987 and 1988 seasons. He has been to the NJCAA National Tournament eight times (1993, 1994, 1995, 2000, 2014, 2015, 2019 and 2021) and has won the national tournament twice (1994 and 2000).



## Homecoming 2024: Let's have a ball!

LLCC hosted three days of fun homecoming activities in February. Events included a Presidential Pizza Party, Stump the Professor Trivia, Royalty voting, shoot-out contests, and men's and women's basketball games. During halftime of the women's game, Dane Foster and Olivia Marchizza were announced as the Homecoming Royals.





## Future students explore possibilities

LLCC welcomed 335 guests at our spring open house for prospective students and their families. Visitors spoke with faculty and staff, viewed exhibits, toured select areas of campus, learned about the basics of college and choosing a major, and could apply for admission. Join us for our next open house June 18 (llcc.edu/open-house)!





#### LLCC celebrates African-American History Month

LLCC honored African-American History Month during February with "A Celebration of the Arts." Various events including an open mic night, conversation on mental health and the arts, a panel presentation on building community, advocating for justice and inspiring change and African-American Food and Vendor Day highlighted the African-American influence on American culture from visual and performing arts to language and more.

# 

# **Preparing students for a successful future**



Rhilee Cochran, Cathy Huffman, Josh Collins and Marina Wirsing of the LLCC Career Center

"The Career Center at LLCC has been an essential asset to help me prepare for my professional dreams," says Alexa Maher, LLCC student and accounting major. Maher always knew that her dream career was working for the Federal Bureau of Investigation (FBI), and the college helped connect her with tools to reach that goal.

Whether you're looking to explore career and major options, prepare for the current and future job market, or hire and help shape the future workforce — the Career Center is available to help both students and employers.

Maher discovered the center and its offerings when she contacted a career coach for assistance with writing a resume, but she quickly realized more resources were available.

After a meeting with Josh Collins, assistant vice president of business relations at LLCC, Maher learned of an exciting opportunity to attend a virtual seminar that discussed the Honors Internship Program within the FBI. There were over 300 students registered for the seminar, which was hosted by an FBI special agent and recruiter. The agent provided an overview of the program and potential career opportunities. "This seminar was an amazing tool to help prepare me to apply for the internship program and the possibilities that lie beyond it," she says.



## **About the Career Center**

All students — whether they are full-time, part-time, undecided or simply looking to explore what the world has to offer after college — can utilize Career Center services.

Growing and maintaining employer relations with community businesses is another key part of its services. "Our vision is to strengthen the connection between students and employers to provide career opportunities," says Collins.

#### **Career coaching and exploration**

Undecided? No problem! At the LLCC Career Center, students can complete a career assessment, discuss their results and begin research

If your business is looking to connect with the Career Center to post on the student job board, promote internship opportunities or participate in a career fair or event, please call 217-786-2210 or email CareerCenter@llcc.edu.



on careers of interest. Career coaching services are available to help students navigate their futures by discussing majors and learning opportunities based on their interests and strengths as well as potential careers in those areas.

"Watching students flourish and gain confidence is the most rewarding part of what I do," says Cathy Huffman, LLCC career coach. "Being a career coach is all about meeting our students where they are and providing them with support, resources and learning opportunities."

Resources are available to students in the areas of resume and cover letter creation, and they can schedule mock interviews to gain confidence in their communication and interview skills. In some courses, faculty incorporate writing a resume and participating in mock interviews.

"In the future, we plan to welcome more employers to campus to help enhance the education for our undecided students on the various career opportunities in our area," says Collins.

#### Jobs and internships

LLCC partners with Handshake, a popular online platform linking college students and graduates to thousands of jobs and internships. Students can create a custom search and even apply for open positions directly through Handshake.

Internships allow students to explore interests and gain practical, real-world experience in the workplace while expanding their professional network. "These opportunities are valuable to both our students and community partners," says Collins. Internships can be set up in various ways including for-credit opportunities through LLCC's Cooperative Education Work Experience (CO-OP) program as well as non-credit opportunities.

#### **Career fairs and events**

The Career Center takes pride in hosting events and career fairs that connect students with community employers. "Career fairs bring employers to campus, creating networking opportunities for our students that they may not normally have," says Collins. Past career fairs at LLCC have included the Workforce Career Fair, Spring Nursing Career Fair and the Information Technology Career Expo.

On May 1, from 9 a.m. to 2 p.m., the Career Center will host a State of Illinois Career Fair for current students to network and meet with employers from state agencies. The event will be open to the public.

## llcc.edu/career-center

# Customizing education for today's workforce

Every Monday and Wednesday at 2 p.m., Tim VonDeBur logs off his work computer at the Illinois Department of Revenue (DOR) and walks down the hall into his Accounting 103 class, without ever leaving the Willard Ice Building.

"I haven't been to school in 25 years, so the first quiz was really nerve-wracking and so was the first exam, but I've done pretty well," he explains.

The class is the first in a series of five courses designed to give current DOR employees the knowledge necessary to move into the auditor training program, which opens the door to advancement and a higher earning potential.

DOR employees have been taking the same classes on the LLCC campus for 20 years and receiving tuition reimbursement from the state. This year, the DOR and LLCC partnered to offer the courses onsite during the workday, hoping to encourage more employees to participate and hopefully qualify to fill these much-needed auditor positions.

Accounting Professor Katie Tice teaches the courses at the Willard Ice Building. "It's great to be able to reach more students. There might have been Department of Revenue employees who would have thought about taking these classes but could not make the commitment outside of work hours."

VonDeBur says he'd considered taking the classes during his 15 years at the DOR but found it difficult to carve time out of his personal evening schedule for the classes. "When they offered to pay me to take the classes here and gave me time to do it, that made it a lot more appealing."

"To speed up that pipeline for the Department of Revenue, we're bringing the training to their location during work hours to try to make it expedient and accessible for their staff," says Dr. Laurel Bretz, assistant vice president of continuing, corporate and professional education.



**Tim VonDeBur** 

For businesses interested in a customized education program for their employees, contact Laurel Bretz, assistant vice president of continuing, corporate and professional education laurel.bretz@llcc.edu 217-782-1086.

#### A business partner

DOR is just one example of how LLCC is customizing education for the workforce. Over the past year, LLCC has partnered with a variety of private and public employers across many industries including health care, manufacturing, agricultural, food service, information technology and municipal and state government.

Trainings and programs have included leadership development; aerial lift and OSHA safety; EPA certification; Microsoft Excel, Outlook and Word; AutoCAD; clinical medical assistant; and accounting.

LLCC's pilot program of 17 brand new Department of Innovation and Technology (DoIT) trainees just wrapped up their first of three sets of courses preparing them to fill in-demand helpdesk positions within the state.

"The benefit to those trainees is that they will be immediately employed," explains Dr. Carmen Allen, LLCC professor of computer science. "They are on the job, learning what they need to know, and when they finish, they'll have a guaranteed job."

With the competitive labor market and staff shortages, employers are looking for alternative strategies to find and retain skilled employees. A model some have adopted is to partner with LLCC to provide relevant skills training for new hires as part of their employee onboarding. "Organizations either promote from within or hire from the outside, and then work with us to provide

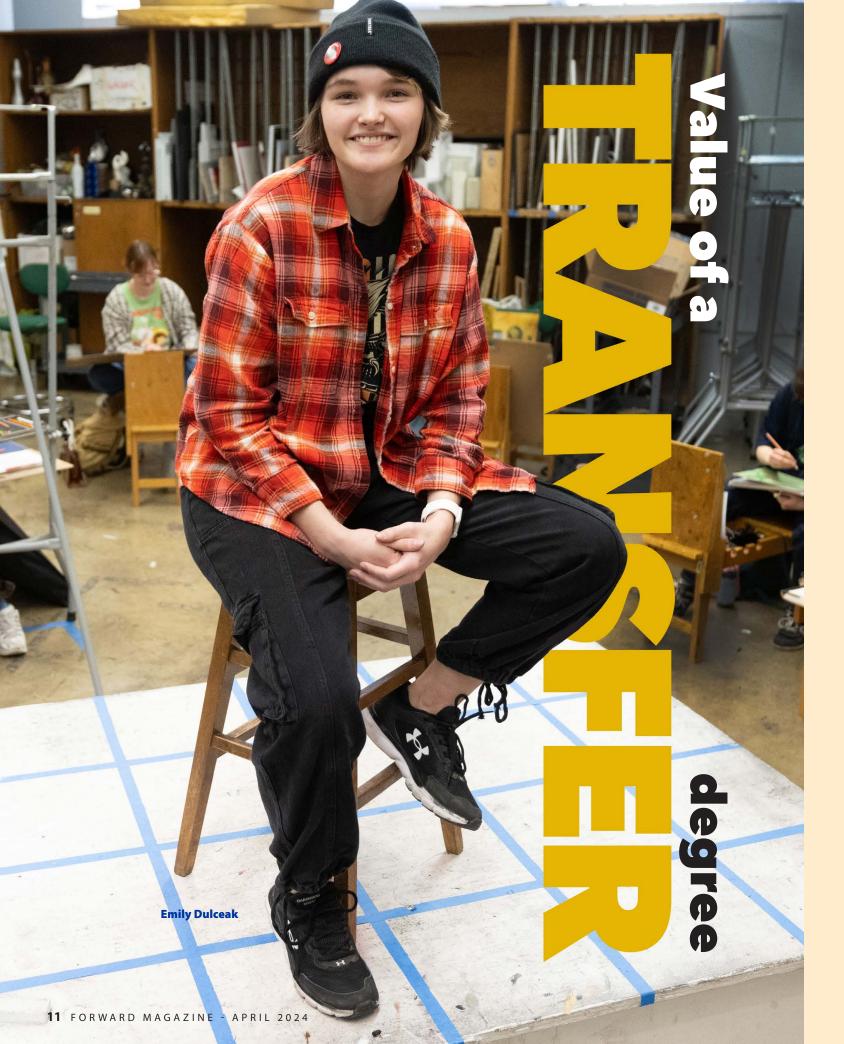


skills training to upskill or reskill staff for the jobs," says Dr. Bretz. "It is a 'grow your own' model rather than expecting new hires to walk in the door knowing everything."

#### **Custom business solutions**

The first step in customized education is sitting down with a business or organization for a needs assessment. "We find out what the organization is struggling with, identify what success would look like and then match current programming or customize our offerings to meet employers where they are," Bretz says.

Some clients require credit-bearing courses, like accounting or computer science, while others' needs are non-credit courses designed around a specific skillset like leadership or heavy equipment safety training. "During an initial meeting with a client, we'll talk about scope, timeline, logistics and educational outcomes and from there provide innovative and tailored solutions that align with an organization's talent development needs."



Freshman Emily Dulceak dreams of being a comic book illustrator. Inspired by superheroes and armed with an incredible talent for drawing, she toured schools like Savannah College of Art and Design (SCAD) and Rocky Mountain College of Art and Design (RMCAD) before making the financial decision to start at Lincoln Land Community College.

"In these schools, the main, general classes are available at LLCC. So I figured it would be easier and more beneficial moneywise if I could start here and then transfer, because art school can be expensive on its own," she says.

# Affordability

By attending LLCC for two years, Dulceak will save more than \$70,000 in tuition alone — money she plans to use to put toward art school once she transfers. "I can throw it all at art school, and that would be a lot easier on me. I don't want to get behind with student loans. I wanted a bit of a head start."

Dr. Amanda Turner, LLCC director of student success, says cost and proximity are two important deciding factors for students. "We offer that affordability factor. We offer the close to home factor. Some students are working or have family obligations." Living at home removes the additional college expense of room and board.

## **Quality education**

Besides affordability, a transfer degree from a community college ensures a quality education with classes taught by experienced faculty members.

"My favorite class was digital computer design taught by Thom Whalen. He makes it fun and easy to learn, and he's the kind of teacher that interacts with students as he's teaching," says Dulceak.

Dr. Turner says students at community colleges get personalized support. At LLCC, that starts the moment a student enrolls. "LLCC has a reputation of preparing students for transfer. They may come here because of the cost, but what they also have are smaller class sizes, instructors who reach out and success coaches who know if a student is struggling and ask, 'What can we do to support them?'"

# **Personalized support**

That one-on-one relationship with a success coach also helps students stay on track to transfer. "Our success coaches, in their very first conversations, will ask if a student is planning to transfer and if so, have they thought about where they might want to go," says Turner.

Student success coaches are knowledgeable about transfer agreements. "LLCC works closely with the academic leadership at universities to

make sure partnership agreements are up to date, so the university the student is transferring to and LLCC are on the same page," explains Turner. Not all receiving institutions have partnership agreements. In Emily's case, SCAD and RMCAD do not. Turner says when that happens, student success coaches will help students research the institution to understand how they can best align courses to meet their transfer needs and to help students be aware of transfer admission counselors and transfer guides on the receiving school's website. Turner calls it an ongoing conversation - another valuable reason for students to meet with their success coach at least once per semester.



# **Exploration and growth**

great things."

storyboarder.

Dr. Amanda Turner meets with Emily, discussing the success coaching process and successful transfer after graduation.

Community colleges also give students a chance to explore new courses and majors without a huge financial commitment and to ease into student life and campus leadership. Turner can attest to that student growth. "They get involved in student organizations at a community college. It's a little bit smaller, feels doable. Then you have this person who has blossomed and is going off and doing

In her first semester at LLCC, Dulceak made the President's List — a fact she's incredibly proud of. "That felt pretty great," she says. "I think it's because going to LLCC allows you to focus on the things you want to achieve." For Emily, that's becoming an accomplished comic artist and

**Cost comparison** (FY 23 tuition & fees)

Top 10 fine art school \$52,272

# **Public university** \$14,662

# **Community college** \$4,604

Sources: www.univstats.com and www.ibhe.org/tuitionfees.html

# Women choosing workforce careers

There have historically been more men than women in the skilled workforce trades. "It is a common misconception that work in the trades requires physical strength to be successful. Today's work has more to do with skills, mindset and the ability to be a team player," explains Dr. Nancy Sweet, dean, Workforce Institute at LLCC.

At the Workforce Institute, all students learn valuable skills and knowledge that will help drive respect in the industry. The practical, hands-on training helps students enter the workforce with confidence.

In addition to obtaining key skills, students gain experience through work-based learning, internships and mock-interviews. "We strive to have our students networking with future employers from day one, so they can see where the opportunities are and see into their future," says Dr. Sweet.

Four women share their stories of finding careers they enjoy — stories of choosing career paths in workforce trades.

## **Aviation Maintenance: Kendall Durbin**

"I have always had a passion for working with my hands and fixing things. I knew I wanted to work in aviation maintenance, and LLCC was the perfect option. I could achieve my goals and finish the program in just 18 months while staying close to home," says Kendall Durbin, a recent graduate of LLCC's aviation maintenance program. Durbin's journey started in high school when she began exploring auto mechanics, learned how to weld and even restored a 1997 Camaro. In search of a challenge, she decided to take her talents and explore the world of aviation maintenance. After some research, Durbin booked a tour at LLCC. "Once I saw the hangar full of airplanes, I knew this was the right career path for me," she says.

LLCC's aviation maintenance program equips students with real-world, hands-on job training to prepare them to enter the workforce. Durbin is currently employed by Standard Aero in Springfield, where she specializes in completing maintenance inspections on corporate aircraft. While finishing the program, Durbin was able to work as a mechanic trainee with Standard Aero, which led to a full-time career opportunity with the company.

"Airplanes still amaze me every time I see one flying above," says Durbin. "If my younger self could see what I was doing now, she'd be so impressed."

## **Diesel Technologies: Erin Barrick**

As an upcoming, fourth generation owner of her family's trucking company, Erin Barrick pursued LLCC's diesel technologies program to gain vital skills and knowledge that will help contribute to the success of the family business for the years to come.

"I was raised in a truck shop and grew up working alongside my dad, so this was a perfect next step for me," says Barrick. In 2022, she completed the truck driver training program at LLCC and then returned to further her skills in the diesel technologies program. "I was excited, and still am, to learn from the best in the industry here at LLCC."

When she's not at school, she's usually at the shop working on whatever needs repaired and putting her new skills to use. Barrick helps to manage the day-to-day operations of the family trucking business. In her free time, she has been working to rebuild a 1986 Peterbilt truck that, once restored, she plans to use as her work truck.



## **Construction Trades:** Sophie Caro

"I explored LLCC's construction occupations program, and once I saw the courses offered, I knew that LLCC's Workforce Institute was the right place for me," says Sophie Caro, LLCC student. In high school, Caro applied for an introduction to engineering course, which quickly developed into a passion for computer-aided drafting (CAD) and how it relates to the construction industry today.

Caro has already learned many important skillsets as a first-year student within the construction occupations program — from learning how to wire switches from a breaker box to a lighting fixture, to reading blueprints, to framing a wall in a commercial building. "Not only will the skills I have gained help me with my future career, but also when I'm completing renovations on my own home in the future," she explains.

Once she completes the program, Caro plans to become a CAD technician for a construction company. "The technical skills I will develop in the construction occupations program will help me succeed as I pursue my future career in the industry."

## Workforce Institute at LLCC

Get in, get trained and get a job! LLCC's Workforce Institute features short-term, affordable training for high-demand, highwage occupations in auto technology, aviation mechanics, commercial electrical maintenance, construction, diesel technologies, electrical distribution lineman, hospitality and culinary arts, HVACR, industrial maintenance, truck driver training and welding.

# Automotive Technology: Molly Speaks

"My passion for cars began at 11 years old. As time passed, I realized that an automotive career was for me when all I wanted to do with my free time was learn about cars and the new technology emerging every day within the auto industry," says Molly Speaks, LLCC automotive technology student.

Speaks began classes at the Workforce Institute in 2023 to jumpstart a career in automotive technology. She encourages other women to explore the opportunities in this field. After graduation, Speaks has her sights set on working in diagnostics at the corporate level for an automotive company where she can assist in diagnosing technology issues and train technicians throughout the country.

"All the instructors are engaging and knowledgeable. They prepare us for our future careers every day," she says. "Employers were knocking at the door from the first class looking to hire students at all skill levels."

*llcc.edu/workforce* 



# GROWING PLANTS ON MALESCONTS ON MALESCONTS ON

# LLCC-Litchfield students win Best in Innovation award

What is possible in the next frontier of space? NASA's Artemis campaign is exploring the moon and learning how we can live there while preparing for missions to Mars. One of the important questions is, "How can we establish food security in space for habitation and further exploration?"

A group of students at LLCC-Litchfield accepted this mission of scientific discovery in the Plant the Moon Challenge through the Institute of Competition Sciences. Amy Delap, LLCC adjunct biology instructor, was researching NASA's Artemis project and discovered undergraduate opportunities with a focus on rural schools. She received funding from the NASA Solar System Exploration Research Virtual Institute to support a student team in the challenge.

The competition was part of a global science experiment to examine how to grow vegetable crops on the moon or Mars. Lunar and Martian regolith — the top layer of loose unconsolidated rock, dust and other materials — doesn't have living components. "Martian regolith has a different pH, is too salty and doesn't filter or absorb water. The water pools on top, eventually evaporating and forming a crust," explains Delap.



#### The team

"In the BIO 101 class, General Biology, we were studying the scientific method. Participating in the challenge was optional and provided extra credit as well as realworld experience," says Delap. Five students in the class signed on, and other students from LLCC-Litchfield also joined the team. Team members were Ann Wasylenko, Sammi Hanson, Audrey Pitman, Lexi Gaffney, Daisy Adams, Brandon Reynolds and Drew Ballhurst.

> Once the team was assembled, they became the Star Dusters. They met before and after class and sometimes on Fridays. "The team could pick the moon or Mars, and the students selected Mars," says Delap. The team read research on Martian regolith and was intrigued that it was difficult to get water to the roots of plants. This problem became their focus as they set out to improve the water retention of Martian regolith through additives.

## The experiment

"When considering additives, the students also had to think about what would be practical to take on a space mission," says Delap. The students decided to test out three different additives — peat moss, compressed French sponges and clay soil beads.

The Star Dusters were sent exolith, or simulated regolith, in which to test these additives. "They chose to plant microgreen radishes because of their 1-2 weeks growing time and because every part of the plant can be eaten, including the greens," adds Delap.

To compare the growth of the radishes in regolith with the three different additives, the radishes were also planted in earth soil and plain regolith (nothing added). A hydroponic water mixture was used on all plantings.

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#### The results

The plants grew quickly. "When harvested, the plants only grew within the additives. With the clay beads, they specifically grew with and around those locations, avoiding the regolith," explains Delap.

"We discovered that it did help with water retention and also that a microorganism grew within the regolith. It would be neat to look at that in more detail in the future!"

Students submitted a final paper and videos as part of the competition. The Star Dusters showcased their work at a virtual symposium with NASA scientists, program executives and other dignitaries where they were presented with the Best in Innovation award.

"The projects got students excited about science. They put the scientific method into practice, learned how to find good resources when researching and discovered that good science leads to more questions to find out how and why things happen," reflects Delap. "And, they saw that they could be part of important scientific research."

# llcc.edu/locations llcc.edu/biology



# Getting a start & advancing

Those going into health care have an opportunity to make impact on people's lives in a career field where opportunities has many health care training options to choose from you're looking to get your foot in the door or advance your career.

Desola Akpan

# Jon Mastin

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# **Neurodiagnostic technology**

One such opportunity is in neurodiagnostic technology (NDT) in which you learn to capture information about the brain and nervous system to help physicians identify and diagnose conditions. EEGs are used to record electrical activity of the brain.

LLCC's NDT program is one of only 30 programs across the country. It offers a 12-month certificate option to get started in the field as an EEG technologist as well as a two-year degree. Courses are provided in online and hybrid formats.

"This gives students the most flexibility to complete their coursework around the days they are in clinicals. Our program currently has clinical sites in Springfield, Peoria, Champaign, Mattoon and St. Louis," explains Diane Wilson, NDT program director. "We're working to meet students where they are."

"I want to study epilepsy in the future, and NDT provides a good start," explains Desola Akpan. "The 12-month program is great because you can quickly get to work while still having the option to pursue the degree afterward. There are so many places you can work."

In addition to studying NDT, Jon Mastin does a lot of volunteering. "The year-long program works out great with my plans and schedule, and the hybrid classes provide flexibility," he says. "Everyone in the program is super helpful."

# llcc.edu/ndt

# **Clinical medical assistant**

Another opportunity is that of clinical medical assistant (CMA). Most CMAs are employed in doctor's offices, but there are also opportunities in clinics, labs and insurance companies.

Kaytlyn Gougis is teaching the CNA to CMA bridge program (11 weeks, plus 60 hours of externship) at LLCC locations in Springfield and Jacksonville. "The work you do typically includes taking patients from the waiting room to the exam room, taking vitals, finding out why they're in to see the doctor and, depending on the reason for the visit, possibly performing an EKG, removing sutures or assisting with minor office procedures. Medical assistants can also perform clerical duties. No two days are exactly the same. You'll never get bored."

Gougis is a 2019 graduate of LLCC's CMA program herself. "I had already earned an associate in science degree from LLCC. I was looking for a steady job with good hours, pay and benefits, and needing hands-on, health care experience. Initially, I was thinking phlebotomy, but LLCC's program was full. So I enrolled in the clinical medical assistant program. I received good, positive, constructive feedback to prepare for my career, and there were so many opportunities during the semester for hands-on learning.

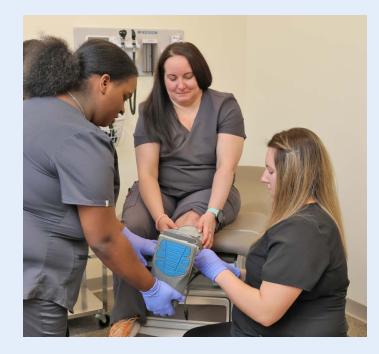
"I now love working with students, seeing how they grow and better themselves," she adds. "The clinical medical assistant field has grown rapidly. Our students are getting offered jobs before even graduating, to work

as uncertified medical assistants until they finish the program." This fall, the CNA to CMA

program will be available at LLCC's Springfield and Litchfield locations, and the CMA program will be available at Springfield and Jacksonville.



# llcc.edu/cna-to-ma





# LLCC health care programs

Associate Degree Nursing LPN to ADN Transition (RN) **Basic Nurse Assistant** (CNA) Cardiovascular Sonography (anticipated start: June 2024) Central Sterile Service Technician Clinical Medical Assistant CNA to Clinical Medical Assistant Bridge Dental Assistant **Diagnostic Medical** Sonography ECG Technician **Emergency** Medical Services (paramedic, AEMT, EMT, EMR) Exercise & Sports Science Fire Science

 $(\mathbf{RN})$ Massage Therapy Medical Coding Neurodiagnostic Technology Occupational Therapy Assistant **Personal Trainer** Phlebotomy Practical Nurse (LPN) Radiography **Respiratory** Care Surgical Technology Transition to Surgical Technology AAS Vascular Sonography Veterinary Assistant

*llcc.edu/healthcare* 





# READY TO LEARN & EARN where students may not have understood something in class," says

"You won't find many people saying that change is easy. But we are definitely in the business of making it easier," says Patty Mendoza, director, adult education and literacy.

"We see the power of education at work, transforming lives and strengthening communities, and we want to help all residents to be able to access learning and complete what they start --- from earning a GED<sup>®</sup> and learning English language skills to training for a workforce or health care career and earning a degree."

#### Transitioning to college

To help students who want extra preparation and additional support focus on career training opportunities, LLCC is providing a class (8-10 weeks) alongside certain workforce and health care programs. "In our experience, all students — including those worried about the transition to college and those who have been out of school for a while — benefit from this class," says Mendoza.

In the class, the college is meeting students where they are by reinforcing learning content and helping them build community, test-taking strategies, employability skills and more.

LLCC has provided these courses in diesel technologies and CNA, and is looking to expand these opportunities into areas such as automotive technology, hospitality and business.

## Support in becoming a CNA

LLCC's basic nurse assistant (CNA) certificate program can be completed in eight to 16 weeks. CNAs provide essential care for patients and get to work in interesting and varied settings. It is a common starting point for entering health professions. This spring, a support course is being offered alongside the certificate program.

"The course offers an opportunity to get material from your career training program shared in a different way. This helps fill gaps

Interested in learning more? Call 217-786-2349 or email AdultEd@llcc.edu.

llcc.edu/cna llcc.edu/adult-ed

Kimberly Newcomb, Lectie Philbrick, Karen Anderson, Alicia Hadden and Mike Schoenherr

# **Supporting the** transition to college

"The support course is very helpful and motivates me," shares Karen Anderson, CNA student at LLCC. "You're in a group where you interact and exchange ideas. You build friendships, and it builds confidence. You know you're not alone."

Christy Cook-Webb, adult education and literacy navigator. "It's

also an opportunity to bring in the 'why' of learning — why it's

taking, learn skills for studying vocabulary and participate in mock

interviews and other career readiness activities," explains Kimberly

"Students also can compare notes to improve their own note

needed and tie the learning objectives to real life.'

Newcomb, adult education and literacy instructor.

Fellow CNA student Mike Schoenherr recommends the support course to other students. "If you're coming out of the workforce and going back to school, it can be intimidating. This is a big help."

"The course supports students and helps them succeed in the CNA class," says Newcomb. "It's very rewarding for students," adds Cook-Webb. "You can see their excitement about the results they're seeing."

The Community Colleges of Illinois

# **FOR EVERY** STUDENT **FOR EVERY** COMMUNIT

#### 1. On our campuses, everyone belongs.

We serve the most diverse group of students and communities of any post-secondary option in Illinois. We feel like home, and we open up the world.

#### 2. We are outcomes-driven.

Our degree and stackable certificate programs help every student forge a clear, personalized path toward their goal, giving them a sense of accomplishment and greater control over their future. Illinois is No. 1 in the nation in terms of its community college students earning bachelor's degrees, and we are the largest provider of public workforce training in the state.

#### 3. We open up access to more rewarding futures.

We make the proven and substantial benefits of higher education available to the greatest number of people by doing whatever it takes to help them succeed: affordable tuition and financial aid counseling, comprehensive student success services and class schedules that allow students to fulfill their family and job responsibilities.

#### 4. We're flexible, innovative and agile.

Even in the most challenging times, we deliver education that's relevant and free of red tape. We meet students where they are and make the most of their prior learning experiences. We can ramp up and re-engineer workforce development programs quickly, helping businesses and government stay ahead.

#### 5. We're dedicated and accountable to our communities.

We return our communities' investment by boosting local education levels and social mobility, developing new generations of local leaders and being a trusted, proactive partner for local economic and civic ambitions. We build individual and collective resilience.

#### **FACULTY SPOTLIGHT** Kirk Yenerall



"It's gratifying to know that you've helped someone. Sometimes you run into students years later, learn about the great job they have and discover how you were able to help them at the beginning of their path," reflects Kirk Yenerall, professor of mathematics at LLCC.

Yenerall has been teaching at LLCC since 1997. He remembers touring the college for the first time and visiting its Math Center in the lower level of the library. "I saw the college investing in student success, providing a free service for all levels of math. I felt good about coming here to teach."

In his teaching, Yenerall uses a variety of different approaches. "Edpuzzle has been a great way to create a fun and interactive experience by sharing video with voiceover that includes questions to answer along the way. We also have tactile ways of explaining algebra equations with algebra cubes. It allows students to better understand the operation that must be done to both sides when balancing equations."

He explains that "problem solving and questions have always driven mathematics, which is a very vital and growing discipline. There is a lot of room for creativity."

Yenerall's interest in mathematics began in high school. As an undergraduate student at Carnegie Mellon University, he was invited to be part of a teaching assistant program working with minority and low-income students. He enjoyed leading problemsolving discussions and developing a sense of community within the class. This is when he knew he wanted to teach at the college level and went on to earn a master's degree at the University of Kentucky.

Yenerall brings these skills and experiences to his co-requisite math classes at LLCC. These classes support students as they learn foundational skills for their companion classes (i.e., General Education Mathematics, Introductory Statistics). "In addition, it's an opportunity to build connections and learning communities."

He is also the advisor to the LLCC Games Club, which has been around for more than 20 years. The club has sponsored "Linc Con" the last couple of years, providing a fun evening of facultyled games, including board games, role-playing games, miniatures and party games. Members of the Games Club also entered a boat in the fall 2023 Cardboard Boat Regatta at LLCC, winning the Best Engineered Award.

"Problem solving and questions have always driven mathematics, which is a very vital and growing discipline. There is a lot of room for creativity."

"Gaming has always been rewarding for me, and the community that comes from that. Also, friendships are built between students that extend beyond their time at LLCC," adds Yenerall.

"In the last two and a half decades, I've been really fortunate to have the opportunity to be inspired by many faculty members dedicated to teaching excellence and helping students to be exceptional."

llcc.edu/math llcc.edu/games-club

# ALUM SPOTLIGHT





Courtney and Candice Nunn are identical twin sisters from Springfield who always knew they wanted careers in health care.

It's part of a family tradition. Their father is an LPN, their mother works in social services, one older sister is an RN and another older sister is a registered respiratory therapist. Their younger sister has sickle cell anemia, so they spent a lot of time in the hospital when she was growing up. "We were around nurses a lot. We learned from them how to take care of her," explains Candice. "When we grew up, working in health care seemed like a natural next step. We'd been around it our whole lives."

After high school, they spent a year doing mission work. Then they earned their CNA certificates at LLCC and worked in a nursing home for more than 10 years. During COVID, they decided to advance their careers in health care.

"In changing jobs, I wanted one that would not only provide for my material needs, but also be interesting, satisfying and rewarding," explains Courtney. "And I knew LLCC was a step in the right direction to reach this goal." She came back to LLCC to study radiography where she learned about using X-rays to produce diagnostic images. "Getting started and going back to school as an adult can feel daunting, but start talking to the instructors. You'll find they are always there to help and are approachable and accommodating. Once into it, I was much more relaxed."

Candice was initially also planning on studying radiography. "We wanted to be in programs that had the same timeline so we could graduate together. I ended up following my older sister's steps in respiratory care. I reached out to the program director to learn more and found out I'd have a job lined up before graduating. The more I learned, the more it felt right," she explains. "If you show up and try, they will make you a good therapist, and respiratory therapists are needed. I'm still in contact with my instructors after graduation. You never feel alone, and I really appreciate that."

# Courtney and Candice Nunn



Courtney is now a radiologic technologist at Springfield Memorial Hospital. She works in diagnostic imaging in outpatient, ER and trauma bay settings. "I like the diagnostic side. There were things I didn't readily see on the X-rays when starting out as a student, but now it's so clear."

Candice is a respiratory therapist at Springfield Memorial Hospital where she floats between ICU, intermediate care and general floors, assisting physicians in the prevention and treatment of respiratory system diseases and disorders. "A lot of people don't know this role exists until we're needed. We handle a lot of critical situations. As part of the discharge process, we can also help with setting up breathing treatments and oxygen at home."

"You get to help your community and feel that inner reward from helping other people," says Courtney. "I get to help care for people when they're most vulnerable," adds Candice. "It's life-saving work, and I think one of the most important things you could choose to do in this world."

llcc.edu/healthcare llcc.edu/alumni

#### **STUDENT SPOTLIGHT Aaron Phillips**



# A stepping stone to entrepreneurship

Hard work and determination are the hallmarks of success for small business owners and students; luckily Aaron Phillips is both. Phillips started his entertainment company after graduating from Lanphier High School in 2006. "I registered at Lincoln Land Community College, took Intro to Business and got a B," he says. But the demands of building a business came first. Phillips' business started in his

mom's basement as a recording studio. "My

friends were into rapping. I was never the greatest at making the music, so I became the recording engineer." His business prowess paid off. Midwest Connectz grew to incorporate DJ services, entertainment bookings, podcasts, social media marketing and more. As his business grew, so did his reputation and digital presence, working with local, regional and national Grammy and Oscar winners.

He re-connected with LLCC last summer after seeing a flyer for a free continuing education program offering a Google Digital Marketing & E-Commerce professional certificate. He knew the skills would help take his business to the next level, so he registered.

"I took the series of seven classes, and it piqued my interest to come back and finish my degree," says Phillips. So, this business owner, full-time car salesman, husband and father of five added full-time student to his list of titles and enrolled at LLCC to finish his associate degree in business.

As a non-traditional student, Phillips says he was excited to learn about the flexibility of online classes. "When I visited campus again, I was glad to find that

I could work my classes around my work and family schedule. I can navigate it on my own time."

Phillips said he didn't even consider taking classes part-time. "I came back to really lock in and focus." He's balancing 12 credit hours each semester while working and spending time with his family.

Affordability also played a role in why he chose to come home to LLCC. "When comparing the prices of classes and credit hours at LLCC against other institutions in the area, it was a no-brainer," says Phillips. "LLCC offered a wide range of scholarships, and the availability of financial aid made it super affordable for someone on a tight budget, like myself."

He sees his degree as an investment for his business, but also as an investment in his future.

"As an entrepreneur, it's necessary to have all of the tools to build your business to its full potential."

# *llcc.edu/business* llcc.edu/online

# **STAFF SPOTLIGHT**



# The importance of student well-being

Kellee Phillips, LLCC student care coordinator, can be found in her office, which is decorated with motivational quotes and selfcare tips and fitted with warm lighting that provides a safe space for students to share their story. When not in the office, Phillips can be found in Cass Gym coaching the LLCC volleyball team.

"As student care coordinator, it is my goal to provide support for students not only in their college journey but in everyday life. I strive to be the person who will always listen and help," she says.

Phillips facilitates wellness workshops that teach students relaxation techniques, mental health and wellness practices, and selfcare tips. She also helps students navigate wellness resources both on campus and in the community. "College is an exciting opportunity and a major life transition. I want our students to know that we're here to help them on this new journey, every step of the way," she explains.

"Kellee's enthusiasm will be valuable as she builds workshops to assist students in learning skills that promote mental well-being. We've been expanding our mental health services for students, and Kellee is continuing to add to them and connect students to the services we provide." says Shanda Byer, vice president of student services at LLCC.

"Understanding that mental health is a key factor to overall health and wellbeing is very important," adds Phillips. "Everyone faces adversity in their life, and we all need someone to talk to about those challenges."

As a head volleyball coach and former athlete herself, Phillips implements overall well-being and mental health practices with her student athletes at each practice. "To see the best version of my team, I know that my players need to be well both physically and mentally. The longer I coach, the more I realize how important this is," she says.

"I want students to know they are never alone. It's my goal to provide resources and strategies to help all of our students be successful."

# Kellee Phillips



Some self-care tips from LLCC's student care coordinator:

- Take a walk outdoors.
- Call a friend.
- Bake.
- Read.
- Meditate or do yoga.
- Enjoy your favorite drink, such as a warm cup of coffee or tea.
- Prioritize sleep.

# www.llcc.edu/student-well-being



# LLCC offers

- Low costs
- In-person and online classes
- Recognized quality
- Personalized services

# **Credit degrees and** certificates

- Transfer degrees (AA, AS, AAS, AFA, AES)
- Career and tech degrees (AAS)
- Career and tech certificates (Certificate of Achievement -30+ credit hours, Certificate of Completion – less than 30 credit hours)

# **Continuing education**

(More details on pp. 27-30)

- Short-term classes for the workplace
- Business solutions
- GED<sup>®</sup>, ESL, literacy and college prep
- Community education (Personal enrichment classes, Academy of Lifelong Learning, College for Kids)

# View summer and fall 2024 classes:



llcc.edu/view-classes

# **Agriculture &** Horticulture

Associate in Arts Agriculture

Associate in Applied Science Agribusiness Horticulture and Cultivation Precision Agronomy/Custom Application

#### **Certificate of Completion** Cultivation

Precision Agronomy Operator

# Arts, Language & Communication

Associate in Arts English Music Speech Communication World Languages

Associate in Applied Science Integrated Media Design

Associate in Fine Arts Music Performance Studio Art

# **Business**. **Hospitality &** Culinary

Associate in Arts **Business** Administration

## Associate in Applied Science Business

Culinary Arts Hospitality Management

# **Certificate of Achievement** Baking and Pastry Certificate

Culinary Manager Entrepreneurship Hospitality Supervisor

#### **Certificate of Completion Business Operations Facilitator** First Cook Hospitality Professional Management

# **Education** & Social/Behavioral **Sciences**

# Associate in Arts

Accounting Criminal Justice Early Childhood Education **Elementary Education** History Human Services Philosophy Political Science Psychology Secondary Education Sociology

#### **Associate in Applied Science**

Accounting Specialist Criminal Justice Early Childhood Care and Education

**Certificate of Completion** ECE Credential Level II ECE Credential Level III

# **Health Care** Professions

Associate in Arts Exercise & Sports Science Pre-Nursing

## Associate in Applied Science

Associate Degree Nursing (RN) Cardiovascular Sonography (anticipated start: June 2024) Diagnostic Medical Sonography **Emergency Medical Services** Fire Science Technology Neurodiagnostic Technology Occupational Therapy Assistant Radiography **Respiratory** Care Surgical Technology LPN to ADN Transition (RN) Transition to AAS Surgical Technology

Associate in Science Pre-Nursing

## **Certificate of Achievement**

Medical Coding Specialist Neurodiagnostic Technology Paramedic Practical Nurse (LPN)

#### **Certificate of Completion** Advanced Emergency Medical Technician Advanced Technician Firefighter

Basic Nurse Assistant (CNA) **Basic Operations Firefighter** Central Sterile Service Technician Emergency Medical Responder **Emergency Medical Technician** Fire Apparatus Engineer Fire Prevention Principles Fire Service Instructor I Fire Service Instructor II Fire Service Vehicle Operator Fire Tactics and Strategy I Hazardous Materials for the First Responder Technical Rescue Awareness Vascular Sonography Vehicle/Machinery Operations

#### Short-term Career Training

Clinical Medical Assistant CNA to Clinical Medical Assistant Bridge Program Dental Assistant Electrocardiogram (ECG) Technician Massage Therapy Personal Trainer Phlebotomy Veterinary Assistant

# Science, Technology, **Engineering & Math**

Associate in Arts Computer Science Geography

Associate in Applied Science Computer Systems

**Associate in Engineering Science Engineering Science** 

#### Associate in Science

Biology Chemistry & Chemical Engineering Engineering Geology Mathematics Physics

**Certificate of Achievement Computer Science** Cybersecurity

**Certificate of Completion** Geographic Information Systems (GIS) Help Desk

# **Liberal Arts**

Associate in Arts Associate in Science

# Workforce Institute (Trades Careers)

#### **Associate in Applied Science**

Airframe and Powerplant Aviation Mechanics

Automotive Technology Aviation Management Commercial Electrical Maintenance Construction Occupations (Management) Culinary Arts Customized Applied Technology **Diesel** Technologies Electrical Distribution Lineman Hospitality Management

#### **Certificate of Achievement**

Advanced-Level Welding Automotive Technician Aviation Airframe Technician Aviation Powerplant Technician Baking and Pastry Certificate Culinary Manager Electrical Distribution Lineman Hospitality Supervisor

HVACR (Heating, Ventilation, Air Conditioning, Refrigeration) Industrial Maintenance Technology **Residential Construction** 

**Certificate of Completion** Auto Heating and Air Conditioning Basic Multipractice Welding Brakes Certified Production Technician Commercial Electrical Maintenance First Cook Hospitality Professional Industrial Technologies Intermediate-Level Welding Shielded Metal Arc Welding Steering and Alignment Truck Driver Training CDL Basic

#### Workforce Training

Aerial/Scissor Lift Training Construction Careers Training Forklift Certification OSHA 10 Certification CPR First Aid Certification Hazwoper 8-Hour Training/Refresher Solar PV Training



**TUITION & FEES** vary by program. Visit www.llcc.edu/tuition.

**FINANCIAL AID** is available to those who gualify. Visit www.llcc.edu/financial-aid or call 217-786-2237. Payment plans available.

#### LLCC LOCATIONS Main campus,

5250 Shepherd Rd., Springfield. 217-786-2200. www.llcc.edu

#### **Medical District**

130 W. Mason, Springfield. 217-782-7436. www.llcc.edu/medical-district

#### LRS Aviation Center

815 S. Airport Dr., Hangar 4, Springfield. 217-544-4965. www.llcc.edu/aviation

#### Neurodiagnostic Technology, **Respiratory Care programs** located at

HSHS St. John's Hospital, Springfield.

Jacksonville, 32 N. Central Park Plaza. 217-243-6699. www.llcc.edu/jacksonville

Taylorville, 800 S. Spresser. 217-786-2754. www.llcc.edu/taylorville

Litchfield, 1 Lincoln Land Dr. 217-786-3401. www.llcc.edu/litchfield (some classes offered in Hillsboro)

Beardstown, 109 White Pine Ln. 217-323-4103. www.llcc.edu/beardstown



FACE-TO-FACE Traditional classroom courses

HYBRID Combination of online and face-to-face learning





**ONLINE** Learn via the internet on vour schedule

LLCC is accredited by the Higher Learning Commission (hlcommission.org), an institutional accreditation agency recognized by the U.S. Department of Education

LLCC does not discriminate against any student, employee, prospective employee or any other person on the basis of their actual or perceived race, color, religion, sex, sexual orientation, gender, gender identity, national origin, ancestry, age, marital status, physical or mental disability, military status, political affiliation, or any other protected status in its programs and activities. More information may be found at http://www.llcc.edu/equal-opportunity. Inquiries may be directed to the Equal Opportunity Compliance Officer at EOCO@llcc.edu. LLCC is a drug-free workplace.

# **Continuing Education**

# **Short-Term Classes for the Workplace** Excel 2019/365

Enhance your productivity and upgrade your skills! llcc.edu/MS-office Level 1 – Wed, June 12, 8:30 a.m.-4 p.m. Level 2 – Wed, July 24, 8:30 a.m.-4 p.m. Level 3 – Wed, Aug 14, 8:30 a.m.-4 p.m.

# **Workplace Safety Certifications**

8:30 a.m.-3:30 p.m. Workforce Careers Center Learn more at llcc.edu/workforce or 217-786-3675.

**OSHA 10** Tue & Wed, Aug 20 & 21, \$150 Wed & Thu, Dec 18 & 19, \$150

#### Forklift Wed, Sep 4, \$175

Mon, Dec 16, \$175

**Aerial/Scissor Lift** Tue, Sep 3, \$100 Wed, Dec 11, \$100

**CPR/First Aid** Thu, Aug 22, \$100 Tue, Dec 17, \$100

# **Business Solutions**

We can also create customized and contract training tailored to meet the unique needs of a business or organization. Call 217-524-6749.

# GED®, ESL, Literacy and College Prep

LLCC Adult Education provides a pathway to help adult learners:

- Improve basic reading, writing, math and technical skills.
- Learn and/or improve English language skills.
- Prepare to earn the State of Illinois High School Equivalency Diploma.
- Receive one-on-one tutoring.
- Get continued support as you transition into workforce and health care training or prepare for college.

FREE classes are offered in Springfield, Beardstown, Jacksonville, Litchfield, Hillsboro and Taylorville.

Learn more at llcc.edu/adult-ed or by calling 217-786-2349.

# **Community Education**

Looking to explore something new, meet people with similar interests or develop new skills? LLCC offers quick, non-credit personal enrichment classes for all ages. See the latest list of courses and learn more at llcc.edu/community-education.

Questions? Call 217-786-2432. To register, call 217-786-2292.



# Active/Health Zumba

Thu, Sep 12-Oct 31, 6-7 p.m. **Stretch Relief** Thu, Sep 12-Oct 31, 7-8 p.m.

# Arts

 Basket Weaving: Candy

 Corn

 Sat, Sep 28, 8:30 a.m. 

 12:30 p.m.

 Drawing for Beginners

 Mon, Sep 30-Oct 28,

 6-8 p.m.

 Intro to Italic

 Calligraphy

 Wed, Oct 2-Nov 13,

 6:30-8:30 p.m.

Watercolor Bag of Tricks Tue, Oct 8-29, 6:30-8:30 p.m. Mixed Media With Watercolor Tue, Nov 5-26, 6:30-8:30 p.m. Basket Weaving: Silent Night Wed, Dec 4, 8:30 a.m.-12:30 p.m. Basket Weaving: Christmas Card Sat, Dec 14, 8:30 a.m.-12:30 p.m.

# CPR

Tue, Jun 4, 6-10 p.m. Wed, Jun 19, 6-10 p.m. Mon, Jul 8, 6-10 p.m. Wed, Aug 28, 6-10 p.m. Mon, Sep 9, 6-10 p.m. Thu, Sep 26, 6-10 p.m. Tue, Oct 8, 6-10 p.m. Wed, Oct 23, 6-10 p.m. Mon, Nov 4, 6-10 p.m. Thu, Nov 21, 6-10 p.m.



# Finance

Retirement Planning Today Sat, Sep 28-Oct 5, 9 a.m.-noon Tue, Oct 1-8, 6:30-9:30 p.m.

# Home & Garden

Introduction to Floral Design Wed, Aug 21-Oct 9, 5-7 p.m. Downsizing: It's Harder Than You Think Sat, Sep 21, 9:30-11:30 a.m.



Advanced Floral Design Wed, Oct 16-Dec 11, 5-7 p.m.

# Language

American Sign Language Level 1 Wed, Sep 4-Nov 13, 6:30-8:30 p.m. Conversational Spanish 1 Mon, Sep 9-Oct 28, 7-9 p.m. Conversational Spanish 2 Wed, Sep 11-Nov 13, 7-9 p.m.



Conversational Spanish 3 Tue, Sep 10-Nov 19, 7-9 p.m. Beginning French Mon, Oct 7-28, 4-6 p.m.

# **Personal Interests**

Want to Save on Travel Expenses? How to Earn and Spend Rewards Points Through Credit Cards Sat, Oct 5, 11 a.m.-noon Your Life in Your Words Sat, Oct 5, 9 a.m.-noon Ghost Hunting 101 Tue, Oct 22-29, 6-9 p.m.



**Refuse to Be a Victim** Tue, Nov 12-19, 6-9 p.m.

# Photography

Photography for Beginners Tue, Sep 17-Oct 15, 6-8 p.m. General Portraiture Wed, Oct 2-23, 6-7 p.m. Becoming a Professional Photographer Tue, Oct 29, 6-8 p.m. Photoshop Tue, Oct 3-Nov 21, 6-8 p.m.



# **Test Preparation**

SAT and ACT online test prep options are available at ed2go.com/llcc.

# **Trips**

A Sand County Almanac, Baraboo, WI Wed, Oct 16-17, Overnight Trip

# Youth

Lego Builders Club Sat, Sep 7-Dec 7, 9 a.m.-noon Lego Engineers Club Sat, Sep 7-Dec 7, 1-2:30 p.m. Making Change Happen! Tue, Sep 10-Dec 10, 6-8 p.m. Dungeons and Dragons Sat, Sep 14-Dec 14, 9 a.m.-noon

Community Education, in partnership with ed2go, also offers a wide variety of online courses for your personal enrichment and professional development. Visit ed2go.com/llcc to browse online offerings.

# Culinary Offerings

Join us for fun, educational, non-credit culinary experiences! Local chefs and food experts share their knowledge on a variety of topics and experiences. These include hands-on enrichment classes, demonstrations, dinners, special nights out and youth programs.

Register early as many classes fill quickly! Check our webpage for more details and updates: llcc.edu/culinary-offerings.

# **Bistro Dinners**

Please visit llcc.edu/culinary for dinner and registration information.

# **Hands-on Baking** Pretzels

Sat, Sep 14, 9:30 a.m.-12:30 p.m.



**Gluten Free Desserts** Sat, Sep 21, 9:30 a.m.-12:30 p.m. Macarons Sat, Sep 28, 9:30 a.m.-12:30 p.m. **Autumn Spice** Sat, Oct 5, 9:30 a.m.-12:30 p.m.





Sourdough Breads Sat, Oct 12, 9:30 a.m.-12:30 p.m. Palmiers Sat, Oct 19, 9:30 a.m.-12:30 p.m. Macarons Sat, Nov 2, 9:30 a.m.-12:30 p.m. Crème Brulee Sat, Nov 9, 9:30 a.m.-12:30 p.m. **Chocolate Techniques** Thu, Nov 14, 5:30-8:30 p.m. **Thanksgiving Pie** Sat, Nov 23, 9:30 a.m.-12:30 p.m. **Dinner Rolls** Sat, Nov 23, 9:30 a.m.-12:30 p.m. Buche de Noel Sat, Dec 7, 9:30 a.m.-12:30 p.m. **Holiday Candy** Sat, Dec 7, 9:30 a.m.-12:30 p.m. **Holiday Cookies** Thu, Dec 12, 5:30-8:30 p.m.

# **Hands-on Cooking**

Cheese Making Thu, Aug 29, 5:30-8:30 p.m. Pizza Night Fri, Aug 30, 5:30-8:30 p.m. **Budget Meals** Thu, Sep 5, 5:30-8:30 p.m. Meal Prep Workshop Sat, Sep 7, 9 a.m.-1 p.m. **Pasta From Scratch** Thu, Sep 26, 5:30-8:30 p.m. Squash It Thu, Oct 3, 5:30-8:30 p.m. **Cast Iron Cooking** Thu, Oct 10, 5:30-8:30 p.m. Hearty Whole Grains Thu, Oct 24, 5:30-8:30 p.m. Soups On Thu, Nov 7, 5:30-8:30 p.m. **Holiday Appetizers** Thu, Nov 21, 5:30-8:30 p.m.



Youth Halloween Treats Sat, Oct 26, 9:30 a.m.-12:30 p.m.

Parent and Me: Christmas **Cookie Decorating** Sat, Dec 14, 9:30 a.m.-12:30 p.m.

# **Special Night Out**

**Farm Fresh Produce** Fri, Aug 23, 5:30-8:30 p.m. **Girls Night Out** Fri, Sep 6, 5:30-8:30 p.m.



Harry Potter Thu, Sep 19, 5:30-8:30 p.m. Steak Night Fri, Sep 20, 5:30 – 8:30 p.m. Show Me the Honey Fri, Sep 27, 5:30-8:30 p.m. Chef on a Budget Fri, Oct 11, 5:30-8:30 p.m. Mediterranean Thu, Oct 17, 5:30-8:30 p.m. **Bourbon Smash** Fri, Oct 25, 5:30-8:30 p.m.

**Farm Fresh Meats** Fri, Nov 22, 5:30-8:30 p.m.

# Summer Youth Programs

Class sizes are limited. For class details and registration, visit llcc.edu/summer-CFK. **Ouestions? Call 217-786-2432.** 

**College for Kids** Summer Camps June 10-July 25, for students entering grades 1-12



Local History Spotlight

Mandala Making

Math Magicians

**Music Around Us** 

Black and White and Read All Over **Bones and Stones** Can You Dig It? Creating a Babysitter's Bag of Tricks **Creative Art Activities Creative Coding Camp Digging Deep Digging for Dinosaurs** Drumtastic **Dungeons and Dragons Electronic Beat Making Fractured Fairy Tales** Herstory How Does Your Garden Grow? **Introduction to ASL** 

Lego Builders Club

Let's Get Chemical

Lego Engineers Club



**Oo-La-La Olympics Pigeon Wants to Write a** Book **Scripts and Panels** Seasonal Art in 2 Dimensions Seeds and Sprouts Spotlight on Springfield Tie Dye Art The Wonderful World of Willy Wonka Web Wizards What's Out There? Xylos and Drums and More, Oh My! Yoga and Mindfulness Your Inner Artist



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# **Career Exploration**

**Build Your Future. An** Intro to Construction Careers **Girls in Construction** Introduction to Health **Care Careers** Watt's Up? Electrical Circuitry



# **Specialty Camps**

Girls on the Run **Illinois Symphony Youth** Orchestra **Black Rocket Online** 

# **Theater Camps**

Backstage – Intro to **Theater Production**  Introduction to Theater Showcasing Your Talent -Auditioning for Theater Standing Out -Auditioning for Theater

# **Culinary Camps**

**Breakfast Baking Cookie Week Gluten Free Snacks Iconic Springfield Foods** Make, Bake & Donate



Pizza Week **Pie Day** Plan, Shop, Cook **Ramen Bowls** So You Want to Be a Baker? So You Want to Be a Chef? Vegetarian Dish

# Follow LLCC **College for Kids on** Facebook.





5250 Shepherd Rd., P. O. Box 19256 Springfield, IL 62794-9256





Summer classes begin – June 3 llcc.edu/summer-classes

Summer College for Kids – June 10-July 25 Ilcc.edu/summer-CFK

LLCC Open House for prospective students and families – June 18 Ilcc.edu/open-house

Fall semester begins – Aug. 17 llcc.edu/fall-classes



